### 40 Homewood Community Newsletter

Volume 2, Number 3 March 1, 2004



### March 17, 2004

May the leprechauns be near you, To spread luck along your way And may all the Irish angels, Smile upon you St. Patrick's Dau.

### Murder Mystery Evening



Last chance to get your tickets—buy them now!!!

Sunday, March 7, 2004 Recreation Room, B1 Level 6:30 pm

### Tickets \$25.00 Get them now Available from Office

Eight residents will be acting as characters in this event. Only the murderer will know who committed the crime. We hope you will join in the fun and try to help us figure out who is the perpetrator.

Let's duplicate the success of our last one.

A good way to get rid of the February blahs.

#### Kids say the Darndest Things



A little boy was attending his first wedding. After the service, his cousin asked him, "How many women can a man marry?" "Sixteen," the boy responded. His cousin was amazed that he had an answer so quickly. "How do you know that?" "Easy," the little boy said. "All you have to do is add it up, like the Bishop said: 4 better, 4

worse, 4 richer, 4 poorer."

### LET'S GET RID OF PIGEONS

PLEASE DON'T FEED THE PIGEONS ON OUR PROPERTY.

THEY ARE MULTIPLYING. THEY CARRY DIRT AND DISEASE. THEY ARE GETTING TOO CLOSE TO THE FRONT DOOR. PEOPLE CAN NO LONGER SIT ON THE STONE LEDGE BECAUSE OF THE PIGEON POOP.

WE NOW HAVE THIS SCARE OF AVIAN FLU, WHICH THREATENS TO BE THE NEW **SARS**. IT IS KILLING PEOPLE. WE CERTAINLY DO NOT NEED THIS IN OUR CITY AGAIN.

DOES ANYONE HAVE ANY IDEA HOW WE CAN CONVINCE THE PEOPLE WHO FEED THE PIGEONS, NOT TO DO IT ANY MORE? CAN OUR COUNCILLOR HELP? IT IS GETTING FRUSTRATING. WHY CAN'T PEOPLE COOPERATE AND RESPECT EACH OTHER.

IF YOU REALLY MUST FEED THEM. , GO TO HARBOURFRONT.

# **Cetting To Know You**

It has been suggested by a couple of residents that we include a section that would put faces with the names we see in the newsletter or elsewhere in the building. The proposal would be that one resident would do a short interview with the subject and another take a photo. The subject would then be allowed to vet the material before it was published.

Everyone could be encouraged to suggest people who could be profiled, so that those making the selection weren't just a small group of one, two or three. If you would like to see someone or you yourself would like to be highlighted in this newsletter, give the names to Charles Marker at 416-968-3458 or <a href="mailto:charles-mark@sympatico.ca">chasmark@sympatico.ca</a>. Or, alternatively, place the name in a suggestion box that has been set up in the Office.

People who did not want to be profiled would not be forced. People's privacy would be respected.

I am asking for feedback on this.

# Murder at Breaking Point Lighthouse Video

Did you see the video! It was filmed by **John Kell**, edited for sound by **David Thornton** and edited and produced by **Denise Redwood**.

Narrator was **Russell Baxter**.

I hope, after seeing how much fun we had at the event, more people will attend these functions in future and join the fun. We need more laughter in this building.

### **BBC** Canada TV Channel



Many residents, myself included, have been inquiring at the management office about having BBC Canada station added to our TV system.

This is not a possibility at present because it is a digital station and our system only carries analog. The whole subject of going digital is being looked into.

### Ongoing Activities

\*Bridge in the recreation room, Mondays and Wednesdays at 7:30 pm.

Movies with Don in the

recreation room, Thursdays or Fridays at 7:30, Notices posted every week.

## ATTENTION—NO

After 6pm
PLEASE REMEMBER THAT
THE HOURS FOR
HAMMERING ON MON.-SAT.
ARE 8:00 AM TO 6:00 PM
NO EARLIER OR LATER AND
NOT AT ALL ON SUNDAYS



### **BALCONY RULES**

**NEVER** wash the balcony with a hose, use a mop and pail.

**NEVER** over water plants on balconies.

**NEVER** throw objects from the balcony

**NEVER** throw cigarettes from the balconies

**DO NOT** cook on balconies

**NEVER** hang laundry on the balcony.

**DO NOT** leave pets on balconies.



#### OLD AGE IS HELL

Submitted by Sylia Keshen

The body gets stiff, you get cramps in your legs.

Corns on your feet as big as hen's eggs, gas on the stomach, elimination is poor, take EXLAX at night, but then you're not sure.

You soak in the tub, or the body will smell. It's just like I said, "Old Age is HELL". The teeth start decaying, eyesight is poor, hair falling out all over the floor.

Sex life is short, it's a thing of the past, don't kid yourself friends, even that doesn't last.

Can't go to parties, don't dance any more, putting it mildly you're a Hell of a Bore.

Liquor is out, can't take a chance, bladder is weak, might pee in your pants, nothing to plan for, nothing to expect, just the mail man bringing your pension cheque.

Now be sure your affairs are in order and your Will is made out right, or on your way to your grave there'll be a hell of a fight.

So, if this new year you feel fairly well. Thank God you're alive.



"Old Age is HELL"

# Parking is Returning to Normal

Some of you have already received the yellow notification that you may return to your original parking spaces. That area of the garage is finished, the other areas will be finished shortly. There will still be work going on, particularly the stairwells and ramp. Please continue to exercise caution where the men are working.

The Board of Directors and Management would like to thank everyone involved for their patience.



# Common sense principles for Reducing stress in our lives.

Submitted by Denise Redwood

- •95% of the stress in your life is self induced)
- Do not exaggerate the negatives in your life.
- Do not replay bad experiences over & over again.
- •Choose to function with a positive attitude whenever possible.
- •Learn to break out of your reactive modes.
- •Be aware of the quality of your self talk.
- •Learn to create positive images in your mind when you face new challenges.
- •Learn to let things go.
- Accept the things you cannot change
- Take ownership of your day before you leave the house.
- •Never lose your sense of Humour.
- Before I can take care of anyone or anything, I must learn to take care of myself first.

### Bulletin Boards\*



Will whoever is removing signs from the bulletin boards, please cut it out. If the sign is not posted by you, leave it alone. When your event has taken place or your item sold,

please remove the sign yourself. Again, let's respect each other. We all live here.

### (CORONATION ST.)

Submitted by John Kell

Are you a fan of the 40 year old British TV program? Just to let you know that we have a monthly meeting. We get together the 3<sup>rd</sup> Saturday of every month from 12 noon to late afternoon at a traditional English pub in Mississauga, serving a traditional English menu. We play CORIE (BINGO), have the odd quiz or two or from time to time watch videos pertinent to the show not available on Canadian television.

If you're interested, contact 22 416-921-1233 in the building and talk to our fan club president.

Carpooling is also a consideration to transport people to Highway 10 & Rurnhamthorpe Rd. from the building. If you have a vehicle, it would be nice to let us know.

Also some of you might be interested in The British Isles Show on March 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup>, 2004 at The Queen Elizabeth Building, National Trade Centre.

Sue Cleaver, the actress who plays Eileen Grimshaw on Coronation Street, will be appearing at the show and signing autographs.



To everyone who has a birthday this month



Any subscribers to the major newspapers in the building could donate their copies to the library when they have read them. It would be appreciated by other residents who go by when picking up their mail. We are aware that a few people already do this but many more papers end up in the "blue bins".

### Local History

By Charles Marker

Violet Green wrote an interesting article in the February issue about the local history we can find in our nearby cemeteries, Necropolis and St. James.

The Highgate Cemetery in London is apparently a fascinating one, and it is the setting for much of the novel, *Falling Angels*, by Tracy Chevalier. It takes place between 1901 and 1910 and illuminates "the Victorian way of death." Chevalier is is also the author of *The Girl with the Pearl Earring*, currently at the movies.

I've enjoyed Falling Angels and have donated it to the 40 Homewood library.

### Note from the \*Editor

Martha McGrath, Unit 615 marthamcgrath@sympatico.ca

If anyone is wondering about all the little figures that appear various places in the newsletter. They are leprechauns. They somehow got into my computer and are hiding themselves all over this newsletter. They are green but that is hard to tell because we don't print this newsletter in color. As long as they bring us all luck, I guess it is ok to let them hide. I don't want to upset them. I need all the luck I can get.

May your glass be ever full
May the roof over your head be always
strong.

And may you be half an hour in heaven before the devil knows you're dead

May your pockets be heavy
And heart be light
May good luck pursue you each morning and
night

May your blessings outnumber the shamrocks that grow,
And may trouble avoid you wherever you go.



