
40 Homewood Community Newsletter

Volume 3, Number 4

April 1, 2005

The views expressed in this publication are those of the writers of the articles and not the Board of Directors.



**The first of April,
some do say
Is set apart for All
Fool's Day;
But why the
people call it so
Nor I, nor they themselves, do
know,
But on this day are people sent
On purpose for pure merriment.**



April 23, 2005*



April 3, 2005

Put your clocks
ahead one hour.



Laundry Etiquette

**Please do not open the door of a dryer
in operation. It shuts the machine off.
If you do happen to do this, please
push the button to restart it. Be
considerate of everyone else.**



To our New Staff

Tracy Liddell is the new young lady in our Management Office, replacing Natalia and our new Superintendent is **John Komac** replacing Glenn who has returned to Newfoundland.

Welcome both of you to our building and we hope you like it here.



Down Memory Lane

By Violet

Wellesley Hospital has gone and we have a new look where the first hospital in Toronto was established. Originally, it was a large house.

One day an elderly friend of mine who was amongst a group of friends in my apartment began to talk about her early days as a nurse in Wellesley Hospital. Muriel did not tell us the exact year but was a shortly before her retirement. Two male patients had been discharged and another nurse made the remark that both men lived alone and it would be a problem for them to have at least one nourishing meal per day. "Well" said my friend "We will just have to cook extra food and we will send a daily meal over to them."

From that small beginning Meals on Wheels began in Toronto!!!



Getting To Know You



Mary Williams

When Mary was two, she was put on her uncle's workhorse, and a lifetime love affair with horses began. A bit older, she nagged her parents for riding lessons. Today, she still rides regularly in the York Regional Forest with a friend who has two horses.

Mary was born and raised in Toronto, living in Rosedale and later York Mills. The youngest of three children, she remembers with pride when her father, retired from business at 65, returned to study at U of T's Wycliffe College and went on to be ordained as an Anglican priest, initiating a second career.

After initially working in flowers—Mary graduated from Humber College's Retail Floriculture program — she, too, initiated a second career. Deciding that 'starving flower girl' was not her first choice of profile, she went to Seneca College and learned to type and has blossomed as an executive assistant with many skills that keep her in demand. She worked at Canada Trust in the Pension Division for many years and is currently at Global.

Mary is also an ardent quilter. Together with Homewood residents Barb and Martha, members of the Cabbagetown Quilters Guild, she furnishes quilts for family members as she tries to find time to finish one for herself. She's happy to have bought at Homewood four years ago, and lives with her beautiful but finicky cat Sasha.

***Credits and thanks for this section go to
Connie John & Charles Marker***



Getting To Know You



Nilton Teixeira

What Nilton misses most about Brazil is the sea. It surrounds the resort island of Guarujá where he was born, one of six children. Taking ferries was a way of life, whether to get to Sao Paulo, or to nearby island where he went to university. Traveling is a constant for him.

After two years of living the good life in Aruba, where he and a Canadian partner bought a house, boredom drove them to Canada. Yet even with his bachelor degree in business administration he couldn't get immigration status and returned to Brazil. Finding 28% unemployment in Sao Paulo and no jobs, he returned to Canada and re-applied to Immigration, and was accepted without an interview.

To gain Canadian experience, he volunteered to do clerical work at both the Toronto General and Western hospitals for a year. Then, with help from a Homewood friend, he landed a job as a law clerk, and has worked with lawyer Harvey Hamburg for almost eight years.

Nilton rides his bike to the gym everyday at 5:30 a.m., winter and summer. After work, his bike takes him back to the water at Cherry Beach and around. He loves reading, music, dancing, cooking and travels often to the Caribbean and Europe. This spring, it's Miami. He's been at Homewood for four years and, just turning forty, says he is living the best time of his life.





Flower – Daisy
Birthstone – Diamond



A fool and his money are soon parted. The rest of us wait until income tax

time

≈In Memoriam≈

Rolf Tatje, Unit #2304, passed away on February 25th, 2005

His many friends and neighbours in the building will miss him.



Wednesdays at 6:30 p.m. sharp
April 6th to June 8th, 2005

In the Recreation Room, Level 1B
Fee \$10.00 for those that pre-register
(Plus small room rental based on # of participants)

Contact Donna to register or for more details, (647) 293 – 8066 or d_cassidy@sympatico.ca

YOGA HAS COME TO 40 HOMEWOOD!

Do you suffer from stress and/or anxiety?
Do you have back, neck and/or shoulder pain? Do you feel sluggish or tired? Do you wish you were able to get to the gym more often?

THEN YOU SHOULD TRY YOGA!

Yoga decreases physical and mental stress while it brings strength, tone and flexibility to the body. It enhances a sense of well-being and confidence as it improves the immune system, concentration and memory. The beauty of yoga is that all ages and fitness levels can practice it.

Come join the next session of yoga classes scheduled to begin on Wednesday April 6th at 6:30pm. This session will run weekly for 10 weeks – please refer to the signs posted throughout the building. The Holistic Way brings the classes to you - please feel free to go to www.theholisticway.ca for more information on yoga.

Ongoing Activities



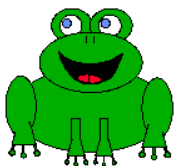
Bridge in the recreation room, Mondays and Wednesdays at 7:30 pm.



Movies with Don in the recreation room, Thursdays or Fridays at 7:30, Notices posted every week.



Haha—they have “days” for everything don’t they? I thought cats have every day off.



A frog goes into a bank and approaches a teller. He can see from her nameplate that her name is Patricia Whack.

"Miss Whack, I'd like to get a \$30,000 loan to take a

holiday."

Pattie looks at the frog in disbelief and asks his name. The frog says his name is Kermit Jagger and his dad is Mick Jagger and that it's ok, he knows the bank manager.

Pattie explains that he will need to secure the loan with some collateral. The frog says "Sure, I have this," and produces a tiny porcelain elephant, about half an inch tall, bright pink and perfectly formed.

Very confused, Pattie explains she will have to consult with the bank manager and disappears into his office. She finds the manager and says, "There's a frog called Kermit Jagger out there who claims to know you and wants to borrow \$30,000, and he wants to use this as collateral." She holds up the tiny pink elephant, "I mean what in the world is this?"

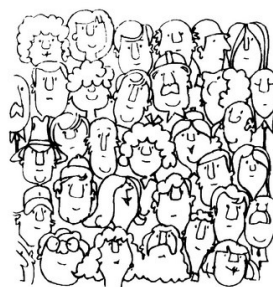
The bank Manager looks back at her and says:

"It's a knick-knack, Pattie Whack, Give the frog a loan, His old man's a Rolling Stone."

Thanks Sylvia



I have about 200 Cabbage Patch Kids. Do you think I could get away with it??? I don't think so!!!



Trip to Stratford Festival

Some ladies in this building are going to see "Hello Dolly"

at the Stratford Festival on May 9th, 2005.

Senior Carefree Travel Inc conducts the tour. Phone #416-283-9397. The price is \$108.00, which includes Orchestra seats at the Festival Theatre and Buffet Lunch at Damen's Restaurant, St. Mary's.

The bus will leave from York Mills at 8:45 am and will return at approximately 7:00 pm. It would be nice to have a group go so if you are interested, give them a call. They require payment within 7 days.

This would be a great way to get to know your neighbours.

BRAIN TEASERS

What do you think the following mean?

Last month's answers

1. Wise Guys
2. Easy on the eyes
3. Excuse me
4. Painless Operation

1. /R/E/A/D/	2. ii ooo oo
3. LE VEL	4. E C N A L G



Keep Smiling. It makes everyone wonder what you're up to.

RECIPE **EXCHANGE**

Once again it is necessary for me to apologize to Neil. In February's newsletter, I somehow lost the directions and in the March one, the pumpkin puree is listed twice. That is not right. I hope everyone that tries the Pumpkin Cake recipe enjoys it. Sorry Neil, my apologies.

A PIECE OF CAKE

Meaning it is simple to make

By Pamela Brunton

1 cup of butter, softened (½ lb.)
 1½ cups of sugar
 1 tablespoon orange peel
 3 eggs
 2½ cups flour
 1 tsp. baking powder
 1 tsp. baking soda
 1 tsp. salt
 1 tsp. cinnamon
 1 tsp. allspice
 1 cup chopped cooking apple
 1 cup sour cream (250 ml)
 1 cup of raisins
 1 cup of chopped walnuts

Combine dry ingredients (except sugar).
 Combine sour cream and apple. Cream
 butter, sugar and orange peel until fluffy.
 Beat in eggs one at a time. Add flour
 mixture alternatively with sour cream mixture
 to creamed mixture. Stir in raisins and nuts

Bake in 8-inch cake pan, 350° for ½ hour.
 Reduce to 300° for 50 to 60 minutes. Cool
 to min. Turn onto rack to cool completely.
 Dust with powdered sugar if desired.



Recycling Corner





FLAT IS WHERE IT'S AT

By Bill McGuire

The worse offenders for taking up
 unnecessary space in our recycling bins are
 unflattened boxboard and corrugated
 cardboard boxes--everything from cereal
 boxes and detergent boxes to boxes used
 for products such as microwave ovens or TV
 sets.

PLEASE, PLEASE, PLEASE open up the
 bottom of the boxes and collapse the sides
 together before depositing them in the
 recycling bins.

Plastic pails (e.g. kitty litter pails) should be
 put into the regular garbage. The only
 plastic items which currently can be recycled
 by the City of Toronto are bottles or jugs

with a  or  on the bottom--lid in
 the garbage, please.

Let's send more substance and less air to
 the recycling plant--and help reduce the
 unnecessary overflow and mess in our
 backyard.

Thanks for recycling!

YUK **STICKY** **GUM**



Adults, as well as
 children, have been
 observed dropping

their chewed gum on the walkways outside.
Adults should know better and children should
 be taught. It is a nuisance to get it off your shoes
 and unnecessary work for the maintenance staff
 to have to clean it up. We have a garbage pail
 just before we come in the front door, and one
 right beside the back door. Please do people a
 favor and dispose of your gum in these
 containers. Give your neighbours a break.

Kids Say the Darndest Things



A new teacher was trying to make use of her psychology courses. She started her class by saying, "Everyone who thinks they're stupid, stand up!"

After a few seconds, Little Johnny stood up.

The teacher said, "Do you think you're stupid, Little Johnny?"

"No, ma'am, but I hate to see you standing there all by yourself!"

Area News

By Bob Leah

WELLESLEY CENTRAL PLACE

This long-term care facility, now under construction at 160 Wellesley St. East, is a sister home to the well-established **Rekai Centre** Located on Sherbourne Street across from Allan Gardens.

Melba Graham, administrator the centre took me on a tour of the Rekai Centre. The quality of care is impressive.

Melba will attend the Homewood Neighbourhood meeting on March 29th. During our conversation, she shared that the planning for Wellesley Central Place will include:

- Private Rooms
- No Smoking Policy
- Two enclosed courtyards
- Cafe

The Rekai Centre credo is as follows:

"We believe that the residents and their family members are our partners in care. Together we provide the encouragement needed to **optimize abilities and maximize the quality of living for each individual Resident**. We respect and follow the guidelines of the Ontario Bill of Rights, and **view our residents and their families as important decision-makers in the plan of care.**"

WELLESLEY CENTRAL RESIDENCE

Wellesley Central Health Corporation, Fife House and Wood Green Community Services.

Are working together on this important project, which will supply affordable housing units for those living with HIV/AIDS and the frail and elderly. Fife House and Wood Green Community Services will provide quality support services to residents 24/7. All floors will be integrated.

ALLAN GARDENS UPDATE

Chris Kennedy, Supervisor of Allan Gardens shares the following:

- ~ Spring flowers on view till early May
- ~ Rebuilding of the small domes at the entrance to the Palm Court has been completed.
- ~ Automatic doors for the differently abled have been installed at the Green House entrances.
- ~ The catwalk (up in the gods) of the Palm House has been retrofitted for worker's safety.
- ~ Children's Conservatory pilot programming is taking place. Future programs are in the planning stage.
- ~ Major repainting of the **Palm Court and Green House** is planned. (Existing lead paint must be removed before primer and paint are applied).

OUR LADY OF LOURDES

Donald MacLeod, Principal of the new **Our Lady of Lourdes School** is looking forward to returning to Homewood in the fall. Donald is very interested in community activities. The **Homewood Neighbourhood Association** will welcome him at "The Safety in Allan Gardens" meeting, to be held at the Children's Conservatory in Allan Gardens on March 29th.ks, Paul, for your hard work on our behalf, for safety and security in this area.

THE WELLESLEY COMMUNITY CENTRE

Lucy Stern, Parks and Recreation Supervisor for our area shares that programs, including day care, are in full swing at W.C.C. The official opening ceremonies will take place on April 9th, from 1:00 pm to 5:00 pm. An **Advisory Council** comprised of residents and agencies in the immediate area will work with Parks and Recreation on Program Development, Events and Protocol.

MAYOR MILLER'S COMMUNITY CLEAN-UP DAY

The Mayor's annual clean-up day is Saturday, April 23rd. The **Homewood Neighbourhood Association** has signed up to participate, covering the area bounded by Jarvis/Sherbourne/Wellesley and Carlton.

Note from the Editor

Martha McGrath, Unit 615
marthamcgrath@sympatico.ca
Happy Spring everyone

