40 Homewood Community Newsletter

Volume 3 Number. 10 October, 1 2006

The views expressed in this publication are those of the writers of the articles and not the Board of Directors.



October 2, 2006



October 9, 2006



October 21, 2006



October 31, 2006

FOOD BANK

While gathering food for distribution by the Food Bank is not a lasting solution to the problem



of poverty, it is a band aid and a blessing for those whose unfortunate fate has put them in a position that is not always within their control.

May we ask the residents of 40 Homewood to once again be generous during this upcoming drive. As in previous years, cash or cheques will be accepted and receipts will be issued both by the convening person and the Food Bank.

For those people who wish to give but have difficulties bringing it to the lobby, please call 416-961-9410 and it will be picked up at your door at your convenience.

A volunteer will be in the lobby on the following days:

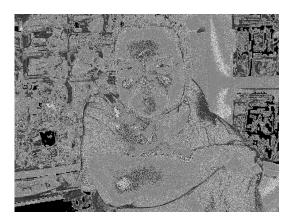
Monday, October 30th from 5 to 7:30 pm Tuesday, October 31st from 11am to 4 pm Wednesday, November 1, from 5 to 7:30 pm Thursday, November 2, from 5 to 7:30 pm Friday, November 3, from 5 to 7:30.



December 9th, 2006 Recreation Room B1 Level. 6:00 pm` \$20.00

Tickets available from Office.

©MMMMMMGetting To Know You



Zanio Jansz and Karma

Zanio has an amazing collection of Transformers, both the action figures and DVDs. Some are his played-with childhood figures while others are still sealed, a witness to a passion for science-fiction and anime that has endured since childhood.

A graduate of Ryerson's Architectural Science program, Zanio is involved in other transformations, made necessary by our energy-consuming society. He works for MCW Custom Energy Solutions Ltd. The company performs energy audits, makes a cost/saving analysis and suggests retrofits to convert energy wasteful sites into more efficient ones. It can oversee the necessary renovations and, if a given company is too strapped to cover the cost, MCW offers third-party financing with a pay-back based on the resulting utility savings. Working with the same team since 1995, Zanio notes that the longevity and experience of employees gives Canadianowned MCW credibility in a competitive market.

Zanio's family came from Ceylon in 1973 when he was two and his older brother was seven. Getting established was a long journey, despite coming from the small population of Burghers, who trace their ancestry to the Dutch in the 17th century and who are both Roman Catholic and English-speaking. The family moved northward from the Beaches to Scarborough and finally to Markham.

Zanio struck out on his own in 1999, moving into 40 Homewood. Cooking, the gym and visiting with friends fill up what time he doesn't devote to Karma.

@MMMMMMGetting To Know You



Stefanie McQuaid

After three terms on the Board of Fife House—the last two as president—Stefanie steps down this year, though she'll continue helping to cook and serve a community meal there once a month. Seemingly indefatigable, she mixes work and volunteering with ease.

Born in Toronto and raised in Ottawa, middle daughter of three whose father worked in IT, she studied sociology and women's studies at University of Toronto. All the while, she worked part-time in retail, on telephones and at her uncle's law office, completing school debt-free.

After doing paralegal work full time at the federal Department of Justice, she got her current job as a Business Analyst working with the IT department. She manages information—a sort of how-does-this-work? and who-can-use-this? job—which involves working with new computer programs and traveling across Canada, training Justice's many employees on the use of new systems. She walks to work at Front and York.

With time on her hands after university, Stefanie volunteered at Big Sisters, helping a little sister grow from a grade one student to a high school grad of 18. At the instigation of friends, she also volunteered with the Toronto People with AIDS Foundation, and currently helps with the Bike Rally. This and her work at Fife House have made AIDS an important issue for her. "We live in its midst."

Six years ago, she and her cats happily moved into 40 Homewood.



October 6 – 14, 2006 Ein Prosit



Schedule for Board Meetings

Dates for Board Meetings for the remainder of the 2006/2007 season are as follows:

Owners's Budget Meeting

Wednesday, November 1st 2006, 7:30 pm

Board Meetings:

Tuesday, September 26th, 2006 (Closed) Tuesday, October. 24th, 2006, 7:30 pm Tuesday, January 30th, 2007, 7:30 pm Tuesday, February 27th, 2007, 7:30 pm Tuesday, March 27th, 2007, 7:30 pm Tuesday, April 24th, 2007, 7:30 pm Tuesday May 29th, 2007, 7:30 pm

Financial Meeting

Wednesday, June 13th, 2007, 7:30 pm

Meet the Candidates Meeting

Sunday, June 17th, 2007

Annual General Meeting

Thursday, June 21st, 2007, 7:30 pm

All dates are subject to change without notice.

Just a reminder that unless noted otherwise, the board meetings are open to all owners. If you are interested in what happens at Board meetings, this is the best way to find out.



restaurants, gift places, etc.

Down Memory Lane

By Violet

I was born in England, as most residents know, in Southend-on-Sea, at the mouth of the Thames. There, going out 1½ mile from the shore is the largest pier in the world. It has a small open so-called "train" that takes you out to the end, if you don't want to walk the mile. The end consists of stores.

Of course, there are lots of seats everywhere so that one can sit and enjoy the scenery and fresh air. Lots of fishing men (amateurs) can be seen trying their best to catch something for the day's meal.

After an illness I had when I was about 10 years old, my mother sent me to Southend to stay with my grandmother for all the summer school holidays Everyday I was given the money for the train ride and a glass of milk. I always took a book with me. There I would sit or stand about until noon, when I had to ride back to the main land and walk the rest of the way to the house.

About this time, Prince George, who became the Duke of Kent and married Princess Marina of Greece, had the first official duty and he opened the ½ mile extension. I stood with my grandmother and watched the Royal son of our King.

There was a fire on the extension quite a few years ago and officials said they would not have the pier restored, so for many years it stood as a pitiful wreck. Then I heard it had been restored and was in operation again.

A few weeks ago a friend sent a newspaper cutting showing a burned out pier—yes it has happened again but the council has vowed it will be restored yet again!

The pier goes back 115 years.







We are looking for volunteers who are willing to sit in the lobby on Halloween night for a couple of hours and distribute candy to the children and wannabee children in the building. Please let the Office know if you are available.

Booooooooooooo



ARTS & CRAFT AND PHOTOGRAPH SHOW & SALE

If anyone would be interested in participating in an art, craft or photograph show and sale at the end of November. Got any artwork or craft items done by you that you would like people to see or you would like to sell? Please contact Margaret Osmond, at 416-964-6622.

HAPPY BURTHOL

To everyone who has a birthday this month.

Practical Remedies

Submitted by Margaret Osmond

Did You Know That? Drinking two glasses of Gatorade can relieve headache pain almost immediately -- without the unpleasant side effects caused by traditional "pain relievers."

Did you know that Colgate toothpaste makes an excellent salve for burns.

Before you head to the drugstore for a highpriced inhaler filled with mysterious chemicals, try chewing on a couple of curiously strong Altoids peppermints. They'll clear up your stuffed nose.

Achy muscles from a bout of the flu? Mix 1 Tablespoon of horseradish in 1 cup of olive oil. Let the mixture sit for 30 minutes, then apply it as a massage oil, for instant relief for aching muscles.

Helpful Hints

Submitted by Arthur Martin

Reheat Pizza – Heat up leftover pizza in a non-stick skillet on top of the stove, set heat to med-low and heat till warm. This keps the crust crispy. No soggy micro pizza. Observed on the cooking channel and it worked.

Easy Devilled Eggs – Put cooked egg yolks in a zip-lock bag. Seal, mash till they are all broken up. Add remainder of ingredients, reseal, keep mashing it up, mixing thoroughly. Cut the tip of the baggy, squeeze mixture into egg. Just throw bag away when done...easy clean up.

Expanding Frosting – When you buy a container of cake frosting from the store, ship it with your mixer for a few minutes. You can double it in size. You get to frost more cake/cupcakes with the same amount

Ongoing Activities

Bridge in the recreation room, Mondays and Wednesdays at 7:00 pm.

Movies with Don in the

recreation room, Thursdays or Fridays at 7:30, Notices posted every week.

Congratulations are now in order

All the best to Danielle McBride, and Rachel De Grâce who were married on August 19th, 2006. Much happiness to you both.



If we each planted seeds of friendship so they would flower and bloom Hatred and bitterness would disappear because there would be no room For every age and race So let's start planting those friendship seeds, to make our world a more beautiful place!



My article last month about undue noise might have read somewhat ambiguously.

It should have clearly stated that there should be no undue noise after 6:00 pm on weekdays and not at all on Sunday and holidays.



Turn your clocks back October 29, 2006, 2:00 am.

Smoke Alarms



The "time change" is a good opportunity to put new batteries in your smoke alarms and carbon monoxide alarms.

Kids Say the Darndest Things



A kindergarten class had a homework assignment to find out something 'exciting' and relate it to the class the next day.

When the time came to present what they'd found, the first little boy the teacher called on walked up to the front of the class and with a piece of chalk, made a small white dot on the blackboard and then sat back down.

Puzzled, the teacher asked him what it was. "It's a period," he replied.

"I can see that," said the teacher, "but what is so 'exciting' about a period?"

"Darned if I know," he said, "but this morning my sister was 'missing' one. Mommy fainted; daddy had a heart attack, and the boy next door joined the Navy.

CLASSIFIED

LOCKER ON B2 FOR RENT Call 416-925-6325



Recycling Corner



PLEASE - NO PLASTICS IN THE RECYCLING BINS

EXCEPT

- Clean plastic bottles and jugs with a 2 symbol on the bottom.

 Lids go into the garbage.
- Clean plastic margarine, yogurt, sour cream, ice cream or cottage cheese tubs. Lids can be included separately.
- Clean plastic peanut butter or mayonnaise jars. Lids can be included separately.

ALL OTHER PLASTICS go into the

garbage, even if they have a symbol on them. These garbage plastics include all plastic bags, plastic baked goods containers (for cookies,

buns, muffins, pies, etc.) (often

plastic berry containers (often (1)),

plastic egg cartons (212) plastic

ketchup bottles (25), plastic kitty litter pails, plastic cups, plastic dishes, plastic trays, polystyrene foam

packaging **6**

Thank You for recycling.



Beating The Flu And Cold Bugs

Submitted by Jean Walker

Easy Everyday Prevention:

When you touch anything someone else has touched, i.e. the elevator buttons, door knobs, etc. have you ever thought how many germs you are touching that someone else left behind? Then you scratch your nose, or eye or touch your mouth (all automatic actions). Aha! Now you have transferred viruses, germs, etc. to yourself! Can't you hear those nasty things shouting for joy!

You can do something.

Washing hands frequently can be an easy solution but how do you wish your hands? Everyone knows that – right? Wrong!

HOW TO:

- 1. Turn on the tap, and let the water (preferably warm), run over your hands.
- 2. Soap your hands liberally, preferably with liquid soap from a dispenser.
- 3. For 15 seconds, thoroughly rub all parts of your hands including each finger and in between the fingers.
- 4. Rinse your hands thoroughly.
- 5. Don't touch the dirty taps! Use tissue to turn off the taps.
- 6. Dry your hands and they are pretty well germ free. Now you can eat.

Congratulations, you have washed those nasty germs down the drain!

Note from the Editor

Martha McGrath, Unit 615 marthamcgrath@sympatico.ca

I started doing this newsletter in October, 2003 and am very happy that it is still going and I have been able to publish an issue every single month since then.



Martha

