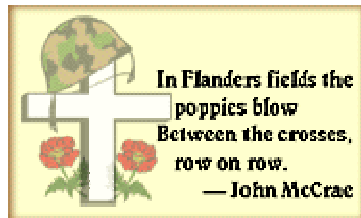

40 Homewood Community Newsletter

Volume 3 Number. 11

November, 1 2006

The views expressed in this publication are those of the writers of the articles and not the Board of Directors.



CHRISTMAS DINNER

December 9th, 2006
Recreation Room
B1 Level.
6:00 pm`
\$20.00

Tickets available from Office.

Municipal Elections

Are being held November 13th, 2006.
Polling booths will be set up in our recreation room, 1B level between the hours of 10:00 am and 6:00 pm.



Thank you to our staff, **Antonio Monni,** **John Komac** and **Eugene Alvarado** who decorated the lobby for Halloween, making it look very festive and scary.



Good night—Sleep tight—
Don't let the bedbugs bite.

How many times did we hear this as a kid? We unfortunately have an infestation of bedbugs in the building at the moment. Management has prepared a flyer with information and instructions on how to get rid of these if you have them or prevent them if you don't. Please pick one up.



Getting To Know You



Waheeda Harris

Waheeda's family immigrated from Cape Town, South Africa, when she was an infant, hopscotching across Canada: Toronto, Winnipeg, Vancouver, ending in Chase, B.C. For two years, her father taught elementary school there before a final move to Kamloops.

After studying a general arts program in a community college and traveling to Europe and South Africa several times, Waheeda was encouraged to pursue journalism. She came to Ryerson, and the journalism program sent her out across Toronto's downtown to cover stories. She soon loved the city and learned its neighbourhoods.

After graduation she was hired as a researcher in an agency that took on government work, but getting bored, she moved after a few years into book publishing. She has worked for a variety of companies, from multinational HarperCollins to BC based Douglas & McIntyre. Along the way, she did publicity and marketing for adult and children's books.

All this served her well when, in 2000, she returned to journalism as a freelance writer, a job she enjoys. She knew the media world, how to make contacts, and how to pitch a project. Her first stories were filed at the *National Post*, one of many publications in her portfolio. She specializes in design, architecture and fashion, and often travels to get the stories.

An amateur photographer, she found the Homewood pool a big draw, and has lived here for one year.



Getting To Know You



Lorraine Folds

Lorraine was born in Kitchener and grew up in Galt, an only child. She gets back to the area often to visit her mother, who has recently moved to a retirement residence there.

Just after high school, Lorraine headed for Toronto and a series of jobs, working as a secretary and in the travel industry. When a marriage failed to work out, she settled into a job as coder for a market research company. She liked the work, but it wasn't very lucrative and there wasn't much of a future so, brave and 48-years-old, she went back to school, full-time.

At George Brown College, she got a diploma in Health Information Management, taking courses which ranged from medical science to administration and law. Hospital work was next, coding medical information at the Hospital for Sick Children. Work took a new turn when she studied and passed a six-hour qualifying examination to become a Health Record Analyst.

Hired by the Canadian Institute for Health Information, she recently traveled to hospitals across the province to code records in emergency wards. Just last month, she was recruited by Toronto East General Hospital as an Analyst and is working full out to master the new job.

Lorraine moved happily into 40 Homewood with her cat, Tracy, a year ago. She has found room for her collection of dolls and toys, but is still looking for space for her many books.

Practical Remedies

Submitted by Margaret Osmond

Listerine therapy for toenail fungus—Get rid of unsightly toenail fungus by soaking your toes in Listerine mouthwash. The powerful antiseptic leaves your toenails looking healthy again.

Easy eyeglass protection—To prevent the screws in eyeglasses from loosening, apply a small drop of Maybelline Crystal Clear nail polish to the threads of the screws before tightening them.

Coca-Cola cure for rust—Forget those expensive rust removers. Just saturate an abrasive sponge with Coca Cola and scrub the rust stain. The phosphoric acid in the coke is what gets the job done.

Cleaning liquid that doubles as bug killer—If menacing bees, wasps, hornets, or yellow jackets get in your home and you can't find the insecticide, try a spray of Formula 409. Insects drop to the ground instantly.

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Helpful Hints

Submitted by Arthur Martin

Reheating Refrigerated Bread—To warm biscuits, pancakes or muffins that were refrigerated, place them in a microwave with a cup of water. The increased moisture will keep the food moist and help it reheat faster.

Broken Glass—Use a dry cotton ball to pick up little broken glass pieces of glass – the fibers catch ones you can't see!

No more Mosquitoes—Place a dryer sheet in your pocket. It will keep the mosquitoes away.

Squirrel Away—To keep squirrels from eating your plants, sprinkle your plants with cayenne pepper. The cayenne pepper doesn't hurt the plant and the squirrels won't come near it.

CONGRATULATIONS!

To one of our residents, **Edmond Chan**, Writer/Director/Producer of a movie called "**GARAGE**" which was filmed in our very own garage. The film depicts the nightmare that ensues when two troubled strangers are inexplicably trapped in an underground parking garage.

● Trapped in this horrific dilemma are Simon (ROBERT SQUIRE), a repressed young professional haunted by ties to his toxic parents, and Martha (ASTRID VAN WIEREN) an aspiring opera singer driven to despair by the weight of her career failures. As their pleas for help are left unanswered, Simon and Martha gradually lose their hold on what's real... Amidst the barren garage, their tortured imaginations begin to carve renditions of "hell"●

On September 30th, 2006, the same night as "**GARAGE's**" World Premiere, it was announced to a gala audience that **GARAGE** was the top-prize Winner of the

CityTV Best First Feature Award.
Calgary International Film Festival

Way to go Edmond!!

Give the boot to Flu "Bugs"

Submitted by Jean Walker

- Avoid contact with people coughing and sneezing, etc.
 - Get lots of rest.
 - Have a good diet.
 - Frequent hand washing or an alcohol-based sanitizer—at least before eating.
 - Use a hand sanitizer to wipe off public telephones, keyboards, handrails, etc.
 - Stay home while infectious
 - You will get better sooner.
 - Don't spread germs to others—it could be fatal,
 - Cover your mouth and nose with tissues when coughing or sneezing.
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ARTS & CRAFT AND PHOTOGRAPH SHOW & SALE

**Cancelled
due to lack of interest**
If you would be interested in participating in an arts and craft or photograph show and sale at the end of the year. Got any artwork or craft items done by you that you would like people to see or you would like to sell? Please contact Margaret Osmond, at 416-964-6622.

Ongoing Activities



Bridge in the recreation room, Mondays and Wednesdays at 7:00 pm.



Movies with Don in the recreation room, Thursdays or Fridays at 7:30, Notices posted every week.



Elisabeth Masutti, Unit 2915, has moved to Wellesley Central Place on Wellesley Street at the north end of Homewood Avenue. She is residing in Room 4046 on 4th Floor West.

Elisabeth would welcome visits from her many friends and acquaintances at 40 Homewood.



IMPORTANT



Getting To Know You

Everyone tells me they enjoy reading this section. We might have to stop it though as it is getting harder and harder to find residents who are willing to participate.

Connie John and Charles Marker are the residents who handle this column. Charles takes the photos and Connie writes up the interview.

If you are saying "NO" because you don't want people in your apartment, don't worry, the library could be used or some other venue.

Nothing appears in the column that has not been agreed to by the participant who has the last word on the photo and the write-up.

A lot of people decline because they say that they don't have much to say but so far, everyone's write-up has been very interesting.

COME ON PEOPLE





Down Memory Lane

By Violet

Hong Kong

My first visit to Hong Kong occurred in 1965. I think that jumbo jets were becoming the normal aircraft for long journeys. I had said that I would not travel in one, but at the beginning of the trip I discovered I was actually being seated in a very large plane.

Friends had repeatedly informed me that the view of the famous city from the air was spectacular.

After many hours in the air, we landed in Manila and we had time to spend in the airport and do a little leg stretching. Finally we set off for Hong Kong, the last lap of our journey.

I was seated beside an Austrian lady whose English was very good and the time passed very quickly.

Instructions for landing came of the P.A. and in no time we could see the glittering lights like a bunch of jewels on a black cloth,

We were much lower and heading for the landing strip, when suddenly the sound of increased engine power was heard and we were rising quite quickly into the sky. Not a word from anyone in charge. We circled for a while and then began to descend again. We skimmed low over the landing lane, then we had a repeat of the first try and soared upwards. Still no explanation. We circled again and then preceded to land—finally we all hoped.

I was on the left side over a wing and we were quite close to the ground. The plane lurched to the left and I heard the scraping sound of the wing touching ground. A great noise of engines and we were going up again. By this time, passengers were becoming somewhat agitated and I knew

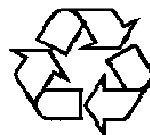
that Berta Gaboues beside me was praying. We reached a good height and then the captain announced that "We are having a little difficulty with landing. A Quantas plane has taken our place and we are returning to Manila. Being British, my first thought was hope that we had enough petrol. It turned out that we did.

We were then told that we would stay over night at a nice hotel and dinner would be served as soon as we found our room and met in the dining room.

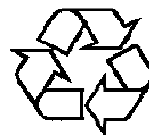
There was no sign of Berta and I offered to go to her room to find out if she was OK. They told me the room number and I went up. The door was not locked and I quietly called her name. She was sitting in a chair and it was obvious she had sat there in her coat and was quite shaken up. With encouragement and some help, she recovered a little and we joined the group. I saw her back to her room and told her my room number and that I would come for her the next morning at breakfast time.

It was a very hot day, We had to assemble at noon so Berta and I went for a short stroll.

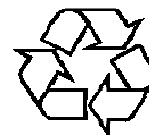
We boarded the plane again and once more headed for Hong Kong. This time we landed easily and safely. Before the doors were opened, the captain spoke to the passengers via the P.A. He said a typhoon was blowing the previous day and evening, making it most difficult to land safely. When we saw the landing strip, we realized how lucky we had been as the runway goes out over the sea. I remembered the scraping sound and wondered how near to the water we had been. We saw the ships still huddled together in the harbour, each one helping to protect the next from the fierce wind. Happily it never happened on my later visit.



Reduce



Reuse



Recycle

HAPPY BIRTHDAY

To everyone who has a birthday
this month.

CLASSIFIED

For Sale

DOUBLE BED – Call 416-925-6325



Recycling Corner



ANNOUNCING NEW RECYCLING ITEM

The cardboard cans used for frozen
juices can now be recycled.

1. Rinse out the can.
2. Put the loose metal lid inside the
cardboard and pinch the can
closed. Put this in the recycling
bins.
3. Pull the plastic pull-off opener
strip into the regular garbage.

Thank You for recycling.

Mark of Distinction

Submitted by Sylvia Keshen

Don't fight gray hair and wrinkles
A lot of people admire them, knowing it
takes lots of laughs and tears and also years
to acquire them.

Strictly for the Birds! Literally!

Submitted by a group of concerned
residents.

People who feed the pigeons and squirrels
are not being thoughtful or helpful. The
pigeons were created to fly the skies with
the wind in search of food and shelter. The
squirrels were created to seek food and
shelter from the trees.

They were *definitely* **NOT** created to sit on
telephone wires, looking obese and
contented while waiting for some human to
feed them. They should be flying around
getting exercise while they are looking for
food, and in so doing helping to stabilize the
environment. Instead of performing their part
of one of their species, they have become
like fat, old people. They now sit above our
heads and drop their excrement on us, on
our sidewalks and on our vehicles. When
their excrement (which is full of germs)
dries, it becomes powdery and is collected
on the bottoms of our shoes as we walk the
sidewalks. It is picked up by the wind which
we then breathe in. This explains the
number of some of the strange diseases
which we humans are now subject to.
Please give our naturally wild birds and
squirrels a chance to live their own lives, the
way they were intended.

THINK ABOUT IT!

Note from the Editor

Martha McGrath, Unit 615
marthamcgrath@sympatico.ca

It seems that every couple of months it is
necessary for me to correct something that
was in a former issue. In September, I
stated that Rachel and Danielle were
married on August 19th — wrong — their
nuptials took place on August 25th. Sorry
ladies.



MARTHA