



# HOMEWOOD

*Community Newsletter*

March, 🍀 2015



*Happy St. Patrick's Day*

March 17<sup>th</sup>, 2015 🍀



They're baaaaack... 🍀 these pesky leprechauns that always infiltrate the March newsletter. Can't get rid of them. They are after the pot of gold.



March 8<sup>th</sup>, 2015  
2:00 am



Don's  
Movies  
For March

*All movies at 7:30pm in  
Recreation Room*

Thursday, March 5

UNDERCURRENT (1946)

Robert Taylor, Robert Mitchum &  
Katherine Hepburn.

Friday, March 13

VICTIM OF THE HAUNT (1996)

Beau Bridges & Sharon Lawrence.

Thursday, March 19

DEAD IN A HEARTBEAT (2001)

Judge Reinhold & Penelope Ann Miller.

Friday March 20

DEAD CALM (1989)

Nicole Kidman, Sam Neill & Billy Zane.

Thursday, March 26

THE WRONG MAN (D: Hitchcock, 1957)

Henry Fonda & Vera Miles.

Friday, March 27

STRANGERS ON A TRAIN (D: Hitchcock, 1951) 🍀

Farley Granger, Robert Walker & Ruth Roman.

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## *Pets of the Month*



# Monkey Moo and Cuddles



Due to unfortunate circumstances, these two characters were surrendered to the Humane Society shelter by their previous owner. Monkey Moo is a big boy who is a shy, laid back kind of guy while his sister Cuddles is a impish go-getter. They are 3 years old. Shelter life was hard on them. Monkey Moo in particular did not do well and was very sick while there. Bringing them to 40 Homewood has brought out their vibrant, playful spirits. Not only have they blossomed in their new home but they have brought a lot of energy and joy into it as well. Not a day goes by that their new owner, Arlene, doesn't appreciate the love that these two have brought into her home. The shelter on River Street has many companions waiting for someone to take them home. It's an excellent place to visit if you're considering being adopted by a lovely feline.

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## Spotty Wisdom



This month Spotty says:

Discover the truth and you shall  
always be free.

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## Pop Can Tabs

As everyone probably knows, the Green Committee has undertaken the project of collecting pop can tabs to furnish wheel chairs for persons who can't afford one. There are two containers in the Laundry room for your convenience.

Does anyone in the building work at SickKids Hospital? When the containers are full someone has to take a bag of tabs to SickKids Hospital and deposit them there. It would be so easy if someone who works there will take them.



If you are willing, whether you work there or not, to take them please contact:  
[40hgreencommittee@gmail.com](mailto:40hgreencommittee@gmail.com)

Thanks

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# SPRING IS ON THE WAY!

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## Elevator to Level 3B

 By Timothy Oakes

The Board of Directors has been studying the issue of installing an elevator to the third basement level for some time now.

When we began the modernization project of our current four elevators last February, we initiated discussions with the consultant on the project for the feasibility and cost of putting either a motorized ramp or an elevator between levels 2B and 3B

Initially, we had hoped that the existing service elevator could be extended down to the third floor. However, the engineering, time and expense to do so made it an unreasonable solution.

The motorized ramp was quickly ruled out as an unwieldy and awkward solution as it would require a long walk from the locker area to the garage ramp and did not meet the safety requirements we would like, not to mention the lighting and heating costs.

Currently, our consultant is sourcing out suppliers of commercial LULA (Limited Use, Limited Accessibility) elevators. We will make the choice of elevator very soon and arrange for the delivery and installation schedule.

Our aim is to begin construction of the shaft for the elevator by mid-March. We have cleared out two rooms in the east side of the south corridor of 2B and 3B where the elevator will be installed.

For your information, LULA elevators do not operate at the same capacity or speed as high-rise passenger elevators. The elevators we are considering will have a capacity of approximately 650 kg. and a maximum travel distance of 7.5 m. at a

rate of 9 m./min. All of which translates to a 20 - 30 second ride between the two floors. While that may seem slow, for the folks who have lockers on 3B, it is immeasurably better than hauling their belongings through multiple doors and up the stairs to the elevators at 2B - and it is the safest and most cost-effective solution.

We, as your Board, are excited about this project and look forward to being able to provide this long overdue convenience for



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# Update on B1 Renovation

By Timothy Oakes

The renovation of Level 1B has been in the planning stages for many months and is finally underway.

For visitors entering from the garage, it is their first impression of the building. Given that many of our amenities are on that floor, not to mention the office, it is definitely time to give the area a makeover.

Also, as part of our continuing efforts to bring the building up to the present requirements for accessibility, the public restrooms have to be renovated.

We are well into the project as of publication of this newsletter. Completion of the project is expected by the end of March.

The demolition work has been completed, and the drywall almost finished to cover up the painted cinderblocks. Work will begin soon on prepping the floors for tiling. This will likely be the most inconvenient part of the project for residents, as it will be necessary to close sections of the corridor for at least 24 hours while the tiles are laid and given time to set.

The theme for the flooring echoes our new lobby. The pattern will be very similar to what is currently in our mailroom. Additionally, we are installing the tile as 6" baseboard along the corridor to protect the walls from being damaged.

The ceiling is being replaced with new tiles and light fixtures very similar to what is now in the Gym. 🌱

The walls and doors will be painted in neutral colours with a durable paint to enhance the flooring and lighting. Doors to the Rec Room and office have already

been replaced with new doors inset with frosted tempered glass for a more welcoming feel. The office anteroom and parcel room are being included in the tiling and upon completion, the office will be updated with new carpets and desks.



All four elevator doors and surrounds are being clad in stainless steel and the red brick walls will be covered in black granite.

The existing Men's and Women's washrooms are included in the refresh. The Board looked closely at combining the washrooms into one gender-neutral facility, and decided instead to make the current Men's washroom into a new Women's washroom and vice versa. Both rooms will be fully accessible, including hand rails. The toilets and sinks will be operated by infrared sensors and the doors will open electronically.

We had hoped to be able to include a remodel of our present kitchen adjacent to the restrooms. However, budgetary constraints have put this part of the project on hold for the time being.

For your information, this entire project is being funded by accumulated savings from Reserve repairs and replacements that have been done in the past two years.

The Board of Directors is working closely with the management office to keep residents informed of the progress of the project and to advise on the times and areas of necessary closures. Notices are being posted on every floor, on Channel 13, on the website and on the digital monitors.

We understand that this is an added inconvenience on top of all we have asked of you during the elevator modernization.

The Board of Directors and the Management are grateful for your continued patience as we continue to maintain and improve the infrastructure and public spaces of our home.

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## No More Tassimo

TerraCycle, the company that we were using to recycle the used Tassimo containers has ended its Tassimo program due to prohibitive costs,



TerraCycle paid us for every shipment, with the money going to the food bank at a local church. They will no longer continue to do that.

Everyone is urged to put their used Tassimo discs in the regular garbage (brown bin or garbage chute). 

Some time in the future a Tassimo cup drop off depot MAY be available in our area--- if one does open up nearby we will consider restarting the program.

Thanks to everyone for diverting their coffee cups from the garbage.

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## In Memoriam

Raymond Alarie died last month, very suddenly. Condolences go out to his partner of 33 years, Darren Wood.

Josef Weissbart died on February 12<sup>th</sup>, after a battle with prostate cancer. Joe was an avid bridge player and his friends on the bridge team miss him as well as all his other friends in the building. Condolences go out to his family

**REST IN PEACE,  
RAYMOND AND JOE**

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The Green Living Show is Canada's largest green consumer show dedicated to educating the public about easy and workable solutions for leading a sustainable lifestyle. Visitors can shop the wide variety of exhibitor booths while gathering information and inspiration from a diverse selection of demonstrations, presentations, and activities.

You can receive FREE admission by showing your March, 2015 TTC metropass, Live Green Card or by taking a piece of e-waste (list of acceptable e-waste at [www.greenlivingshow.ca/buy-tickets](http://www.greenlivingshow.ca/buy-tickets)).

Buy 1 adult, student or senior ticket and return to the show for free all weekend!

### Admission:

Adults	\$15.00
Seniors (65+)	\$10.00
Students (with valid photo ID)	\$10.00
Children 12 and under	Free

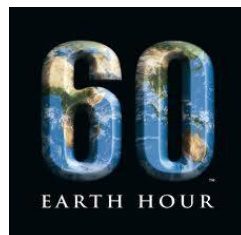
### Dates & Times:

Friday, March 27 <sup>th</sup>	12:00 pm – 8:00 pm
Saturday, March 28 <sup>th</sup>	10:00 am – 8:00 pm
Sunday, March 29 <sup>th</sup>	10:00 am – 5:00 pm

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## Earth Hour



On Saturday, March 28<sup>th</sup>, 2015 for the hour of 8:30 - 9:30 pm, cities around the world will turn off their lights for one hour to raise global awareness for climate change.

Let's join them

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## "Good Eats, Cheap Eats, Sweet Spots"

by Cammy Lee-  
Bostwick

Happy March Everyone!

Brrrr!! I hope you've been staying warm in these bone-chilling temperatures! So in keeping with the idea of bundling up, and not going out...this month's feature is called: "Ordering In".

Being so centrally located, we are truly lucky as we can pretty much have any kind of food delivered to us....and I've been doing it a lot lately. So the one that I think is great 'bang for your buck' is: Sushi Sky. It is not too far away on Yonge Street just south of Grosvenor on the West side. I've been patronizing this place for years as it consistently serves good quality food at a very reasonable price.

But when I ordered in...I was a little hesitant, however I was pleasantly surprised. First off, delivery is free over \$20, which is easily done with 2 dinner specials. For \$8.95 I got tofu teriyaki, vegetarian tempura, 6 pieces of cucumber/avocado roll, and the usual suspects of rice, miso soup, and salad. Four pieces of deep-fried tofu come sitting on a bed of a sprouts, cabbage and onion stir-fry, which is a hearty amount for a dinner sized portion. All of it is pretty standard fare, of course. But what stands out for me is the portions: I always have enough left over for another meal, which is pretty amazing considering the low price tag. The picture below doesn't even fully capture the amount of food that comes with one dinner. The other memorable thing about my meal is the half orange for dessert. It is so cleverly cut that you need not use your hands for the skin has been removed and it is quartered making it easy to pop in your mouth with chopsticks. And the oranges are always sweet and juicy. Which is quite incredible for, as some of you may well know, buying oranges at No Frills is usually a gamble. And for \$10.95 Brent had Angus steak, assorted tempura with 2 pieces of shrimp, and a California roll. The steak, he said, was grilled to

perfection and sliced thin on a bias to a perfect medium. 🍽️

All in all, when it comes to delivery, consistency is what matters. In their restaurant, my food has always been delicious, and the staff are very accommodating, within earshot and at the ready to re-fill your cup with hot green tea. And this is now the second time we've ordered in and it did not disappoint.

However, on the slightly downside, the food was not particularly hot...but I suppose this comes with the season for on the coldest night of this year, it was still completely worth it to order in and enjoy a truly satisfying meal over candle light...just for two. 🍽️



year!!!!!!

Yippee, I finally got the pot of gold past those sly little leprechauns and there was an army of them this

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