# 4-D HOME WOOD Newsletter

February, 2017



February 14th, 2017



February 28th, 2017



### "No Junk Mail"

For the last few years, the Green Committee has made February "Red Dot" month.

This was a campaign conducted by Canada Post to help people avoid getting unnecessary junk mail, therefore causing less garbage.

Canada Post no longer accepts the red dots but if you do not wish to receive junk mail (mail that is not addressed to you), you may pick up a pink request form from the Management Office and place it in your mailbox.

It's important that your form can be seen by the mail carrier on the other side of the wall, so make sure you put the form as far into the box as possible. You may even wish to use a little tape so that it doesn't fall out or blow away.

When the form is seen, the mail carrier will no longer put flyers and junk mail in your mailbox.





### "Good Eats, Cheap Eats, Sweet Spots"

by Cammy Lee-Bostwick

Happy Chinese New Year Everyone!!!

It is the year of the Rooster! A traditional Chinese way to celebrate the New Year is with food. Food and Family. The Lunar New Year's Day fell on January 28 this year and to ring it in, my family and I went to "Wok and Roast Restaurant" at 349 Broadview, just south of Gerrard. It was former "Ka Ka Lucky" (great name eh?!) but still under the same ownership after a brief reno.

Wok and Roast is a pretty traditional Chinese BBQ restaurant with various Roast and BBQ specialties hanging in the window. We've been patronizing this restaurant for years (it remains to be one of the main stops I make whenever I head out of town to visit my mom). While they understand English, knowing Chinese is a real bonus in this oldschool establishment. Sometimes that means they throw in some extra pork bones for soup stock...especially so if I say I'm visiting my mom. You can get take out in the front as they have some selections in the warming trays. There is usually a line of people getting food to go. Always a good sign.

Because it is a BBQ house, that is what I recommend. We ordered roast pork, with the crispy skin. If you like that kind of thing, you will love it here at W & R. Crispy pork

skin does this way, tastes almost like "meat candy". Personally, I suggest ordering it with the fat (pork belly being the best) as it is most flavourful while lean pork can be dry. We also ordered the traditional E-Fu noodle which is a long soft noodle and symbolizes longevity, a must for this time (see pic). It came with Chinese mushroom and julienned snow peas; it is very mild in flavour if not a bit bland. So we requested it with shrimp and added soy which improved the taste. We also had a plate of snow pea leaves sautéed in extra garlic (a request worth making). This plate ("Dao Mew") is one of my favourite vegetable dishes. Snow pea leaves are tender yet have a bit of a bite to them; if you like water cress it is a tad similar in taste and texture, but not bitter. To cap it off we had Ma-Po Tofu. Their version is not as spicy as in other restaurants. With a combo of preserved vegetable (small strips of a vegetable close to bok choy), onion, and pork, it provided a really nice sauce for the E-Fu noodles. When the dishes came, I mixed it all up on my plate and that proved to be wise because all together, there was a bit of sweet, a pinch of salty, a smidge of sour, and a hint of bitter. My mom always told me that for New Year's, it is important to eat a little this and a little that...experience and appreciate abundance in love, life, and family.

May we, ours and yours, experience abundance and joy in Health, Wealth, and Happiness!!





The residents of 40 Homewood outdid themselves once again with lots of donations of clothing and small household items on Saturday, January 21st.

Thanks to all who donated.

#### Groundhog Day



February 2<sup>nd</sup>, 2017



February 8, 2017 Wednesday 5:30pm - 7:30pm Meeting Room next to Lobby

Learn more about the ongoing recycling initiatives in the building while enjoying some wine and cheese. Join the Green Committee, meet your neighbors, and get your questions answered. We'll cover the basics of recycling and organics to keep you up to date on the latest news. Drop in anytime between 5:30 - 7:30.



The Metro and 24 Hrs. newspapers are brought into the building by a residents who goes out early in the morning to pick them up.

Thank you to this resident who does this for us. She does this so house-bound residents, including seniors, will have a chance to read them, These papers are available from a table in the Meeting room.

# Contribute to this Newsletter

Residents are encouraged to make submissions to the Newsletter: ideas, articles, reports, reviews, recipes, artwork, movie reviews, drawings, brain teasers, trips to places people might be interested in reading about, you name it!

Thank you to Cammy Lee Bostwick who gives us a food review every month.

Thank you also to John Kantor who put so much work into compiling a list of events for the month. John will no longer be doing this. Your contribution was very much appreciated.

Send your contribution or contact the Newsletter— drop a note at the office or to

newsletter40homewood@gmail.com

# WASTE REDUCTION Monthly Challenge:

### I Love Recycling

#### Your Goal:

Select one thing to love about recycling because of a benefit that's important to you.

#### Why is this important?

Recycling provides a number of benefits for us on an emotional, social, and financial level. First off, it's a way to maintain land for better uses than a landfill.

According to the City of Toronto Garbage & Recycling website page, there are also financial benefits gained:

"When you recycle right, revenue is generated from the sales of recyclable products which help offset costs for other waste diversion programs and services. Items made out of recyclable material save on natural resources and conserve energy.

All in all, even small efforts will have larger impacts for the community at 40 Homewood and the City of Toronto.

#### How can I accomplish this?

- REDUCE your garbage by separating out eligible items for recycling or organics.
- REUSE plastic grocery bags for lining your garbage or organics bins.
- RECYCLE all styrofoam trays and plastic take-out packaging, unless they're black. Black is the

one color that is NOT accepted for recycling.

Proper recycling requires an effort from everyone in the building. The Green Committee will be hosting two educational sessions on recycling & organics. Check the newsletter for dates and times. In the meantime, here are some tips:

- Flatten cardboard boxes and crush cans to conserve space.
- Try to bag or box similar items together (e.g. consolidate plastic bags into one, collect papers together in one bag."

#### Lock Boxes

Please take note that all lock boxes attached to the rail on the ramp next to the garage entrance WILL BE REMOVED on March 1, 2017.

The rail will be taken down also and any lock boxes thereafter found in the building or on the property will be removed without notice.

Real estate agents may register with the office for access as is the case now for many condominium buildings.

It is necessary for the management to take this step as part of an ongoing effort to deter people in the building who are using their apartments for short-term rentals and leaving the keys in these lock boxes.

# The Case of the Missing Welcome Packages

At the budget meeting on November 29<sup>th</sup>, the Green Committee had made up 20 welcome packages. They're made up to be given out to new people in the building. They are comprised of one of the large blue recycling bags, folded up, with various instruction pages put inside.

They are usually kept in the office and Meagan gives them out.

They disappeared and If anyone has seen them or knows what happened to them, please let Meagan know.



Family Day February 20<sup>th</sup>, 2017

Office Closed



### Spotty Wisdom

This month he says:

The gift of life is also the gift of possible enlightenment for you and me.

#### Laundry Room

Over the past few months, management has noticed a disturbing trend in the laundry room with the "Out of Order" signs. It appears that one or more residents are using them to save machines for their exclusive use, when the machines are, in fact, working perfectly.

In the next few days, we will be trying out a new approach for the machines which are out of service and require maintenance.

We will be posting a list in a very visible place in the laundry room identifying which machines which are out of service. Every washer and dryer has an alphabetical sticker to identify it, and the list will be updated daily.

If you find a machine not working, please inform the office. One of the staff will test the machine and if it is found to need servicing, it will be added to the list until it has been repaired.

We understand that it will be an inconvenience to check this list every time you use the laundry room. It is unfortunate for everyone that we must respond to these very selfish and inconsiderate actions by a few residents.

Thank you for your cooperation and understanding.



# Update on 63-65 Homewood Avenue

By Timothy Oakes

On January 30, I attended an information meeting presented by Councillor Wong-Tam and representatives of Na-Me-Res (Native Men's Residences), who will be the operators of the proposed development. This meeting was called in response to the neighbourhood being blanketed with flyers that contained a good deal of mis-information about the proposed redevelopment of the site.

The developer of the properties, Center Court Developments, purchased both properties and conveyed them to the City of Toronto along with 1 million dollars towards the renovation costs, in exchange for increased density rights on a property they are developing on Jarvis Street. Additional funding of more than 2.5 million dollars has been obtained, and preliminary architectural drawings have been rendered.

A 50 year lease has been formally entered into between the City and Na-Me-Res.

The current draft proposal (which has yet to be finalized with further public meetings) calls for 16 one bedroom apartments, which will be rented to indigenous men. Prospective tenants will be required to make application for the units and go through a vetting process. Most will be men who are employed, or are students attending colleges and trade schools.

The renovation will restore the exterior of the buildings to their original look, while completely gutting and modernizing the interior, including fire suppression and security cameras. A full-time superintendent will occupy one of the units.

Na-Me-Res has been in operation for more than 30 years and has operated a similar style of development in Parkdale since 2012, called Sagatay. Initially, there was some resistance to the project from local residents, although none of their concerns were realized. More than half of the tenants (22 units) of Sagatay have lived there more than 3 years.

The meeting was very well attended by local condo and home owners. The general feeling by the end of the meeting was that the development will have a positive impact on our neighbourhood and will not adversely affect our property values.

## **FEBRUARY**

February is named for the Latin word "februum" which means purification. On the old Roman calendar, February 15<sup>th</sup> was a day of spiritual cleansing and rebirth.



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