4-D HOME WOOD Newsletter

April, 2017



April 16th, 2017



April 10th-18th, 2017



In an effort to reduce our ongoing costs for garbage, please put your regular garbage down the chute on your floor, not in the brown bin in the green room.

Garbage that goes down the chute is compacted, thus reducing the volume of garbage.

Large items that do not fit down the chute can, of course, be put in the brown bin.

Thank you for your continued cooperation in trying to reduce our costs.

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Spotty Wisdom

This month he says:

To the sound of music I react, to the sound of your voice I wonder, to the sound of it all I shiver to know the why and how of it all.



"Good Eats, Cheap Eats, Sweet Spots"

by Cammy Lee-Bostwick

Happy April Everyone!

As far as being a pescatarian goes (seafood no meat), it is always a challenge for me to get around the whole "bacon and eggs" thing when I go out for weekend brunch....since I've always loved bacon and miss meat quite a bit. For health reasons, I've had to let it go but do so grudgingly at times.

That's why it was one happy day, recently when I went out for brunch at a familiar 40 Homewood Avenue haunt:

Chew Chews. For those who are unfamiliar with it, it is east of us on the northwest corner of Bleeker and Carlton. I know you know that I've reviewed this "sweet spot" before, but I found something new on the menu to make this non-meat eater want to write about: eggs and vegetarian patty. And yes, I realize just having written it, that it doesn't quite have that nice ring "bacon and eggs" has, but please give this a chance...

First off: apologies that I ate too quickly meaning no pic...but interpreted another way, this means it was that good that I thought first with my tummy and second with this review in mind. With three small eggs, a side of home fries and toasted marble rye, the vegaie patty was the size of a hamburger and looked like a sausage patty. To go with it, I ordered a side of their homemade gravy. This was a key addition. Though a bit lumpy, the meaty flavour of the gravy provided a nice richness to the well-seasoned but tad dry vegetable protein. There aren't usually any other "vegetarian" options for the bacon and egas plates minus the meat, so what a nice alternative in look and in taste. With a couple pieces of fruit and coffee, this was in fact, a very filling meal, perhaps even more so than if it were meat.

Chew Chews has the look and feel of a classic diner restaurant, with red vinyl bankettes and all. And especially if you sit in a booth, you get that whole good greasy spoon vibe. Service is prompt and friendly. We went slightly after the breakfast rush and had no problem getting seated. At \$9.99 for my plate, it isn't a super economical place to eat, but familiar and consistent, and so so so close to home. And quite frankly, that's sometimes exactly what it's all about.

Update on Window Project

Spring has finally sprung and it will soon be time for the start of the removal of the old windows in the building and replacement with modern, efficient windows.

The sample windows have been produced and subjected to rigorous laboratory testing to meet the standards set by our engineering firm in charge of the project.

The next step will be to install the windows in two apartments in the building so that residents can walk outside and have a good look at them. It is expected that this installation will take place on Friday, April 1, in units 111 and 201.

The windows have already gone into pre-production for the framing and glass and we expect to begin replacing the windows on the South wall of the building before the end of April.

The contractor has the final say on whether or not the east or west side of the building will commence after that and we will keep you posted as we receive updated information. Regular notices and updates will be posted on Channel 13 and on the elevator monitors.

Every unit will have a pre-installation site visit from the contractor to go

over the details of preparing the unit and what to expect on the day of installation.

Within the first two weeks of April, the property manager, accompanied by one of our site workers, will begin a building wide inspection to confirm the units with existing sliding glass doors and to get a final tally to the engineer and contractor. He will also be verifying the units which have made arrangements for the contractor to install new sliding glass doors.

WASTE REDUCTION Monthly Challenge:

Spring into Action!

Your Goal: Focus your efforts on increasing waste diversion this month!

Why is this important?

Many of us deal with busy schedules, a shortage of time, and competing priorities. However, land is a finite resource. Thinking towards the future, we want our land to be reserved for things that are useful or pleasurable, rather than maintaining and monitoring a mound of rotting garbage.

How can I accomplish this?

- REDUCE garbage divert more waste to recycling or green bin organics.
- REUSE as much as possible. Be creative!
- RECYCLE household hazardous waste and electronic waste in the recycling room alcove behind the garbage bin.

Green Committee Page

Dear residents,

The green committee has some concerns with the amount of garbage and organics that are going into the blue bins. We would like to present the top three blue bin sins: pizza boxes, black plastic garbage bags, and animal waste. One of the biggest concerns we would like to highlight is that you must not use black plastic garbage bags in the blue recycling bins. Instead, place items loosely in the available blue bins. Below is a chart to help everyone prevent contamination of the blue bin and green bin.

	Green Bin	Blue Bin	Garbage Chute	REUSA
P I Z Z A P L A S T I	- Greasy pizza boxes - Pizza slices/crust - Paper plates - Napkins Use non- biodegradable plastic bags to collect green bin organics Tie the bag	- Pizza boxes (empty and clean, no food residue or plastics) - Flatten box - Plastic bags (soft and stretchy) ex. Grocery bags, bread bags, produce bags Please bundle	- Remove all plastic pizza stands, sauce containers and packets from pizza box before composting or recycling. - Black plastic garbage bags Black plastic take out containers Black Styrofoam trays	- Reuse plastic bags They make great liners for your small waste bin or compost
A N I M A L WASTE	- Pet waste - Doggie doo - Kitty litter - Animal bedding - Pet food	your bags inside one bag and tie handles closed.	- Pet fur and pet hair	bin.

SPRING IS ON THE WAY!



The Management Office will be closed on Good Friday, April 14th, 2017



It's about that time of year when New Year's resolutions start to fade and gyms empty out, but it doesn't have to be hard to make healthy choices for you and your family. The 2016 Green Living Show, taking place at the Metro Toronto Convention Centre, April 5-7, features over 400 exhibitors with thousands of the best products, services, food, innovation and more – all designed to help promote a healthy and sustainable lifestyle year-round. From clean eating to clean power, it's all here under one roof.

METRO TORONTO CONVENTION CENTRE, North Building, 255 Front St. W., Toronto



A fool and his money are soon parted. The rest of us wait until income tax time



Spring is just around the corner.
Residents will be planting flowers on their balconies. Please remember when watering your flower boxes, do not water them too near the edge to avoid water pouring down to the balcony below



I have about 200 Cabbage Patch Kids. Do you think I could get away with it??????

Anyone want to buy any Cabbage Patch Kids? \$\alpha 416-921-1233?

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