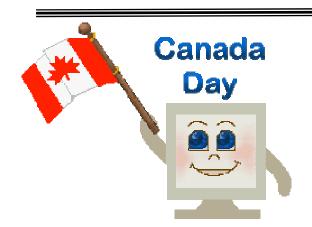


July, 2017



CANADA 150 1867 - 2017



Hope You Had A Good One July 1st, 2017

Board of Directors 2017

The newly elected Board of Directors has held their first monthly meeting. At that meeting, a motion was passed regarding the Officers of the Board of Directors.

Those positions are as follows:

President Eric Logan
VP and Comm. Timothy Oakes
Treasurer Elvis Lalaj

Secretary Martha MacLachlan

Director Brian Brenie



Barbecue

August 12th, 2017













Spotty Wisdom

This month Spotty says:

Rules designed without common sense only benefit rigid minds.



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Could You Live In 400 Square Feet?

Submitted by Jose de la Pena

Where: Cabbagetown-South St.

James Town

How big: 367 square feet How much: \$189,000

Since moving to Toronto from Mexico City in 2000, José has always lived around the Church-Wellesley Village. "It's my lifestyle. You don't want to get out of the bar at 3 a.m. and have to get on the TTC," he says.

To read the complete article, please go to the homepage of our website at: www.40homewood.org or view the following link in your web browser:

http://torontolife.com/realestate/condos/50-year-old-businessanalyst-lives-400-square-feet/

Brookfield Condominium Services Ltd.

Has changed it's name to:

Crossbridge
Condominium Services
Ltd.

Update on Enterphone System

We have had a few glitches with getting the technology for the MESH system to operate smoothly, and those have now been rectified. All that remains is for the database to be updated with the cellular numbers of all residents who want cellular access and we expect that to happen very soon.

The upgraded system requires that you or your guests dial "0" in front of your current buzzer code to access your unit(s). For example, if you are currently dialing 101 for the Management office, now you must dial 0101. This information has been posted on channel 13 as well.

You will be able to permit guests to enter the building by using a telephone plugged into the existing jack in your unit (with or without a land line number), or by cellular telephone. The new system will be functional at all entrances where an entry code is required (front door, rear door, garage, and visitor parking on 1B).

Window Project Update for July

Timothy Oakes, on behalf of the Board of Directors

The window project continues on the west side of the building. The 01 line south and west facing bedroom windows been completed and crews working on the bedroom windows of the 03 and 07 lines, the bathroom windows

on the 07 line, and the kitchen windows on the 09 line.

Once all the windows on a given line are completed, the crews will go back and trim the foam insulation and put caps over the frames to finish the windows. They will also remove any labels that remain on the windows. Also, the interior walls around the window will be repaired as necessary and a primer applied over any plastered areas to prepare for painting. The re-painting of any interior areas is the responsibility of the unit owner.

Several of the 07 units have experienced damage and removal of tiles in their bathrooms around the window area. Every effort is being made by the contractors to minimize the damage. However, the Corporation is NOT responsible for the repair and/or replacement of any damaged tiles. Additionally, the Corporation is NOT responsible for the repair and/or replacement of any crown molding or baseboard removed to facilitate the installation of the new windows. Repairs to any of these items are the responsibility of the unit owner.

Weather is playing a significant role in this project and we have had more than a couple of days where the rain and winds prevented the use of the gantry from the roof. The affected units have been re-scheduled.

It is important to note that when a unit has to be re-scheduled, it will likely NOT be done the day following the originally scheduled time. We are required to give 24 hours notice prior to entering a unit. So when a unit has to be rescheduled, the Management office will send you a proper notice as to when access to your unit is required.

Due to the unpredictable weather, the contractor, engineer and management have decided to slow the project down slightly in order to give residents the proper notice ONCE and be able to complete the work on the scheduled day. We appreciate the inconvenience the re-scheduling is causing some residents and we are doing our best to mitigate it.

We cannot stress strongly enough that we need your cooperation to make things ready in your unit for the contractor, to avoid unnecessary delays. Please remove ALL furniture and window coverings from the windows and surrounding wall area. All furniture items MUST be moved to allow for a minimum of five feet (5') of space around each window prior to the scheduled day of installation. If you are unable to move the furniture or remove the window coverings, please notify the office well in advance of the scheduled date and time so that arrangements can be made to assist you. There may be a fee for these services, depending on the amount of time and work required. Alternatively, there are handyman services available for a fee.

Weather permitting, work will continue on the bedroom windows on the west side of the building on the 11, 15, and 17 lines throughout the month of July You will be given notification well in advance by the office and there may be a need for a pre-installation inspection by the contractor. If this is the case, the worker will be accompanied by a member of the staff and proper notice of entry will be given.

Please take notice that we advise you to not purchase new window air conditioning units until after your windows have been installed. The opening allowance for the sliders on the new bedroom windows is eighteen inches (18") height by twenty inches (20") width.

As always, we thank you for your continuing patience and consideration.

The shelves for the window air conditioners have arrived and are available in the office for people who have already had their windows done.



Thank you to everyone who worked to make the Yard Sale a success.

All the tables were sold and it was very well attended. It is a great chance for people to get to know their neighbours.

I hope everyone who participated were happy with their intake.

Looking forward to next year.



Reduce



Reuse



Recucl

you and your friends are invited to...





"Good Eats, Cheap Eats, Sweet Spots"

by Cammy Lee-Bostwick

Happy Happy 150th Birthday Canada!!

Ah...summer is upon us...that means beaches, burgers, and BBQ's!

Let's consider the burger...the veggie one, that is. This month I take you to Fresh on Bloor by Spadina, which is a vegetarian restaurant with vegan options.

Fresh has been around since 1999; so you'd be right to assume they know a thing or two about vegetarian food. I ordered a chipotle bacon burger (\$12) and kale slaw (free with burgers and wraps). It comes with lettuce, tomato, shredded jicama, and two strips of tempeh bacon with a Sriracha mayo, on a sourdough bun. Granted, these are not fast food prices.

I've had many veggie burgers over the years, but the Fresh burgers are truly outstanding. The high protein almond and grain burger has the mouth feel of meat. First off, everyone has their own idea of what makes a great burger. On Food Network's "Diners, Drive-Ins, and Dives", host Guy Fieri is often shown mowing down on a massive burger; with one big bite all the insides slide outside as juice and sauce drip down his arm: "Righteous!" He mumbles between sloppy bites. This is his gauge of awesome. Not mine. I don't like wearing my food. What impresses me most about this burger is that not only does sauce not drip down my arm, but my plate is pretty clean too. This is the most compact burger I've had yet it is full of flavour and not skimpy on sauce. It is a difficult balance, but I also realize "burger balance" is an individual thing. And thus, this burger is my

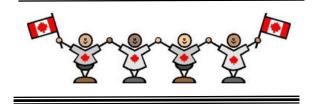
idea of the right amount of sauce to bread to patty to condiments. The two slices of tempeh bacon add a smokiness that, while it doesn't replace the real thing, it gives that hint of nostalgia...

I have eaten their other burgers and all are 'clean' and super tasty. The seating is a bit crowded, especially along the far wall which is essentially one long banquette with small tables and chairs on the other side. Seating is much more comfortable if you happen to get a booth or the tables by the window. Of course, what Fresh is really known for is their impressive array of made-to-order juices and smoothies, and you can also create your own. Their two cookbooks are also available for purchase. I have the first one which is guite good.

The place gets busy and wait times can be long, so I recommend either going before or after the dinner rush. And as we are in the full swing of summer, the Fresh on Crawford and Queen West has a really nice patio.

If you like your burger to stay in place when you bite into it and not have it be a big messy 'Guy Fieri' moment, then the burgers at Fresh just might be your thing.







WASTE REDUCTION Monthly Challenge:

Make a pledge to Reduce, Reuse, and Recycle!

Your Goal: Commit to reducing, reusing, and recycling. Get serious about it.

How can I accomplish this?

- Dedicate a time to empty your recycling and organics bin on a routine basis. The new recycling bags make it easy to empty recyclables on your way out. Then you can fold up the bag and take it with you.
- 2. Use the organics bin to collect food waste and other biodegradable items. Or use a regular plastic grocery bag, if you don't have a bin. Remember to tie the plastic bag loosely, one twist will do.
- 3. Reduce food waste by planning meals.
- Reduce waste from BBQs and picnics by buying reusable plates and cutlery instead of using disposables.
- Avoid packaging made with black plastic or Styrofoam.
 Support another brand or product with reusable or recyclable packaging.

Did you know...

Canada is 150 years old. Let's keep landfill waste to a minimum so we can enjoy the beautiful land and resources

of this great country for another 150 years! Plan for future generations.

Here are some tips to try:

- REDUCE coffee cups in the garbage by sitting in the café and getting your coffee in a glass mug.
- REUSE plates and cutlery for picnics and BBQs.
- RECYCLE (COMPOST) anything eligible from your home and workplace.

When in doubt about what to do with waste, consult the Waste Wizard: Toronto.ca/wastewizard.



Thank you

everyone who attended the green committee function and congratulation s to our winners of the sorting challenge:

Lisa Meyer Noah Suzanne Quinn Mary Daly

Hope the winners enjoy their tote bags.

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Newsletter Editorial Committee Martha McGrath Timothy Dakes newsletter4Dhomewood@gmail.com