



# HOMEWOOD

*Community Newsletter*

*February, 2018*



**February 14, 2018**



**PyeongChang 2018**



**Olympic Winter Games  
February 9 to 25, 2018**

## Chinese New Year



**February 16<sup>th</sup>, 2018  
Year of the Dog**

# 狗

**Kung Hei Fat Choi  
Gong Xi Fa Cai**

**"Wishing You Success and Prosperity"**

# February



## "Good Eats, Cheap Eats, Sweet Spots"

by Cammy Lee-Bostwick

Happy Winter Neighbours!

This month, I continue the theme of "comfort" by staying warm and finding cozy places.

I present a tea house that hits all those notes: Bampot: Bohemian House of Tea and Board Games.

Let me begin by saying that I recently went on one of those really cold days where a block is enough to chill you to your core. This tea house is located at 201 Harbord Street, east of Bathurst and easily accessible by taking the Wellesley 94 bus.

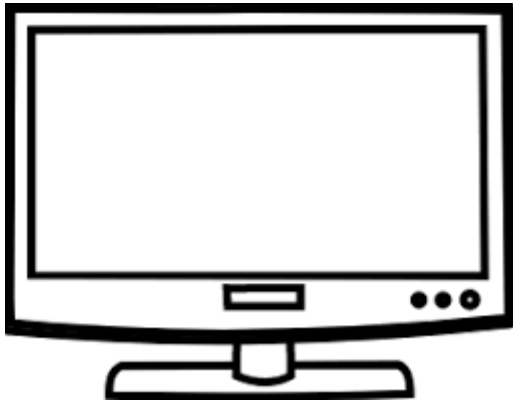
Upon entering the space we were greeted with a burst of warm air but were also standing in a cramped doorway and saw that shoes must be removed. I noticed a table for us immediately — a gift — given that every other space was occupied. On either side of the door are carpeted and elevated seating areas like bay windows. Outfitted with pillows, zafus (meditation cushions), and gauzy curtains, the vibe is clearly relaxed and what can I say? "Bohemian".

We were given a small binder listing all their teas; page after page, it was quite the selection. I asked for a recommendation and our server described the Genmatcha as his "go to" tea. Told it was enough for two people, we ordered the single pot which was under \$5. We also ordered the Dahl, a lentil curry. Bampot is a vegetarian and vegan establishment. The menu is very limited as Bampot is first and foremost, a tea house. So I was surprised that our food arrived just moments later with two small

pieces of warm whole wheat pita, especially since they were very busy and our tea hadn't even arrived yet. But no matter, we started to eat the curry and right away was impressed with its depth of flavour and level of heat: not too hot that I couldn't taste anything but just enough heat to warm us through and through. The curry, which was served on top of a small serving of rice, wasn't much to look at, but it was truly tasty and perfect for sharing. We weren't hungry and really went for the tea experience. That we enjoyed a tasty dish was a bonus! We finished the curry. Finally I had to inquire about my missing tea to the young staff. After a sincere apology, it promptly came (see pic). We drank our tea out of two small Asian soup bowls. The Genmatcha is really mild with a subtle toasted rice flavour. It was the perfect warming and calming drink on such a cold evening and after the heat of a curry.

Looking around Bampot, I saw all ages: from early 20's to 60's. There were young people clearly in love smooching in the corner, friends catching up, and folks playing board games. There is seating in the back, but I was too comfortable in my arm chair to venture beyond it. Staff were friendly and truly apologetic for bringing our tea after our meal. But it worked out just fine. Next time, I think I'll bring my slippers...





## **Cable Television Update and Channel Lineup**

On February 1, 2018 our television channel selection will change. YCC75 will host a list of 83 channels for your viewing. At the end of the newsletter we include a list of all the channels available. Many of these are HD channels.

Stubbs recently sent out the following communication announcing this change. "We are excited to announce that Stubbs Communications Inc. is installing a new state of the art Television (TV) system at YCC #75. The new TV system will consist of upwards of 83 channels with the majority broadcasted in High Definition (HD). This is an increase of 38 new channels in HD. With the installation of the new TV system, we are offering a custom channel selection for the building with some the most popular HD channels available in the market place. "

"On February 1st, 2018 the new HD TV system will be installed, activated and the existing TV system will then be deactivated. Your TV will receive all the new channels; however you may need

to "auto program" your TV. You will need to go to the setup menu on your TV and activate the "auto program" feature to allow the new channels to be viewed on your HD TV. Some TV's may vary in the menu options, please refer to the TV owner's manual. "

Many have asked about whether they need a pvr for this new system. No, you do not need a pvr but if you like to record programs for viewing later you can purchase a pvr or if you still have a vcr in your home this will probably work as well.

Stubbs has researched the best pvr options for those interested in a pvr to accompany the new stations and below are two they suggest.

The first pvr option can be purchased by ordering directly on-line from Walmart. The cost is \$60 but you need an additional external hard drive to save your recorded programs onto. This is probably attractive to someone who has an extra external computer hard drive they are not using. Here is a link to the Walmart unit.

<https://www.walmart.ca/en/ip/homeworx-150pvr/6000127514425>

Another pvr option is a Motorola unit available to be purchased by ordering through Stubbs. Our Management office will facilitate the purchase of these Motorola units by registering and paying a \$100 down payment toward this PVR. Total cost including HST will be \$226 and the \$126 balance will be due on receipt. To prevent extra work for the office in dealing with NSF cheques we must insist on cash only for this purchase.

Once we place an order for 10 units Stubbs has indicated that delivery will be about 7-10 days and this option is available only through Stubbs as the manufacturer in the USA only sells to TV distributors and not directly to retail customers. As indicated, Stubbs will need to bulk order a shipment of at least 10 units to get this price. Here is a link to the Motorola unit which includes a 250Gb hard drive.

[http://www.gditechnology.com/manuals/Motorola-DCX\\_3400-Data\\_Sheet.pdf](http://www.gditechnology.com/manuals/Motorola-DCX_3400-Data_Sheet.pdf)

For those residents who previously rented a set-top box from Stubbs for viewing extra pay channels you will have received a notice from Stubbs on how you return your set-top box for refund. You can return these set-top box units to the office and fill out a form with your name, unit number etc. Stubbs will collect them once a week from the office and Stubbs will mail you a refund cheque directly. If you purchased the set-top box there is no refund available.

Many have asked about additional channels. Unfortunately, due to the cable wiring in our building additional channels are no longer available through Stubbs. Bell Fibe has previously indicated their interest in servicing our building but communication with Bell's sales people seems to have slowed down. We assure you that Management is still pursuing them to install this option for residents who may wish to subscribe to this option. Once Fibe is in the building you would need to subscribe and pay for these additional channels individually directly to Bell. As developments happen we will keep you updated over the next few months.

Channel lineup on following page: ►►

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## Academy Awards



Join your neighbours in watching the

**Academy Awards**

March 4<sup>th</sup>, 2018

7:30 PM

In the Recreation Room

Have some refreshments

Pick the winners

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## Groundhog Day



**I'm a Groundhog,  
not a Weatherman!**

**February 2<sup>nd</sup>, 2018**

It is said that if the groundhog sees his shadow, there will be six more weeks of bad weather, and if he doesn't, that spring will be here soon.



**Family Day**  
**February 19<sup>th</sup>, 2018**  
***Office Closed***

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## YCC# 75 New Channel

### Lineup

Channel Number	Channel Name
2	CBC Toronto News HD
3	CHEX Peterborough
4	CTV Two Ottawa
5	NBC
6	CBS
7	CTV Toronto
8	ABC
9	CBC
10	City TV
11	CHCH
12	Global
13	CW
14	Fox
15	PBS
16	CBC Vancouver HD
17	CTV Vancouver HD
18	Global BC HD
19	A&E HD
20	Action HD
21	APTN HD
22	BBC Canada
23	Bravo HD
24	ABC Spark
25	IFC (Independent Film)
26	Crime & Investigation
27	Discovery Channel HD
28	DIY Network
29	E! HD
30	Food Network HD
31	Game TV
32	Knowledge Network HD
33	HGTV HD
34	History HD
35	Lifetime HD
36	MovieTime HD
37	MTV
38	Much Music HD
39	CMT
40	National Geographic Wild HD
41	OLN

42	OUT tv
43	OWN HD
44	Cosmo TV
45	Peachtree TV
46	Showcase HD
47	Slice HD
48	Space HD
49	TLC HD
50	The Shopping Channel
51	Vintage TV
52	Viceland
53	Vision TV
54	W Network HD
55	WGH Chicago HD
56	Warner Brothers
57	Lobby Channel
58	Resident Information
59	TV Guide
60	BNN HD
61	CNBC
62	CNN HD
63	CP24
64	CPAC
65	The Weather Network
66	Golf Channel HD
67	NBA TV Canada
68	NFL Network HD
69	Sportsnet 360 HD
70	Sportsnet Ont HD
71	Sportsnet One HD
72	TSN 1 HD
73	TSN 2 HD
74	TSN 4 HD
75	TVO
76	Omni 1
77	Omni 2
78	CBC FR
79	Tele Quebec HD
80	ICI Tele Ontario
81	Radio-Canada Tele CKRN
82	TFO HD
83	TV5 HD
84	TVA Montreal HD

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## Brushes & Cocktails on Wednesday February 14th



### The Kiss

Brushes & Cocktails got off to a great start in January. The best surprise is that our brave artists are really beginning to bring their work out-side-the-box. Each using the techniques instructed by Donna in their own unique ways. At the end of the evening, the artists toured the easels picking out their favorite interpretation and voted for the best artist of the evening. It was a close call between 3 of our artists; but our very own Margaret O. won a free Brushes & Cocktails paint night by one vote. Congratulations Margaret. Why not come join in the fun and great energy on paint nights? The next is Wednesday, February 14th.

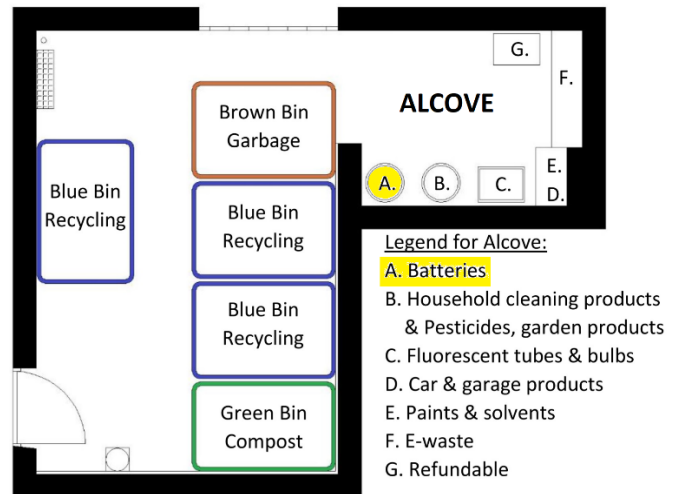


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## Batteries

Don't hang onto old batteries. You can drop them off in the alcove in the recycling room.



Batteries are harmful to the environment and should not be thrown in the garbage. Everything from the garbage goes to a land fill. The city of Toronto's single-stream recycling program does not accept batteries and **must not** be placed in the recycling bin. Batteries are made up of different metals and require special processes to deconstruct into reusable materials. We accept any of the following kinds of batteries: AA, AAA, C, D, 9V, button cell, alkaline-manganese, lithium, silver oxide, zinc air, zinc carbon, lead acid, rechargeable, nickel cadmium, hearing aid, cell phone, laptop.

If you have any questions about hazardous waste, please contact the green committee at:

[40hgreencommittee@gmail.com](mailto:40hgreencommittee@gmail.com)

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## Notice Regarding Library

Please be advised that the Library is **NOT** accepting any donations until further notice.

Our Library is tended by three residents, Helen Knight, Mary Oakley, and Christine Leask, who do their best to make it a warm and inviting place for all residents. Their diligent work is done out of a passion for books. As with many volunteering positions, it is a task that goes largely unnoticed and under-appreciated.

There are very specific notices placed in the Library as to what sort of books can and cannot be accepted.

Unfortunately, these notices are being disregarded and over the past month, there have been five instances of people dumping unwanted books that have no place in the Library.



Because of this inconsiderate behaviour by a few, the Librarians have decided to suspend donations for the time being.

Should you have books that you want to dispose of, please consider dropping them off at one of the following:

*Value Village*

*Double Take* store at Gerrard and Parliament (call first)

*Mustard Seed* on Queen Street near DeGrassi (call first)

*The Children's Book Bank* (call first)  
some hospital and shelters will accept books

the blue bin in our recycling room

For those who do make use of our Library, please be mindful of the hard work of our three volunteers and be considerate of others when taking books from the shelves.

Once the Library announces that they will accept donations, the following types of books would be suitable:

Clean, recently printed, no dog-eared pages or scribbles, etc.

Cook books

Current fiction and non-fiction with broad audience appeal

Poetry

Short story collections

Thanks to everyone for their consideration and cooperation.

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## From the Mouths of Babes



In describing some of the hardships of his youth to his young son, the middle-aged father lamented. "Why, we had to milk cows every morning, ride a horse to school or walk a mile through the snow."

The youngster looked up at his dad and sighed, "Gee, Dad, you had all the fun."

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**The Social Committee is happy to announce the resumption  
of Film Night in the Recreation Room. The first feature film,  
“GARAGE”  
will be screened on Saturday, February 24th at 7:00 p.m.**



This award winning film was written, directed and produced by a long-time resident of 40 Homewood, Edmond Chan. And here is the kicker – it was filmed in its entirety at 40 Homewood in the 3rd level garage.

From the film's liner notes GARAGE depicts the nightmare that ensues when two strangers trapped in a deserted underground parking garage lose their hold on reality. In this timeless prison, the troubled inmates imagine personal renditions of 'heaven' and 'hell' that threaten to eat them alive.

GARAGE was chosen best first feature at the Calgary International Film Festival in 2006. Continuing his success as a writer/director, Edmond's follow-up script, titled *Mrs. Lee*, won him an invitation to TIFF. Just as Edmond's star was rising doctors discovered there was a benign brain tumour growing in his brain. In 2008, after 18 gruelling hours of surgery, the tumour was removed, but Edmond suffered a stroke, leaving the right side of his body paralyzed and left eye vision severely compromised. His speech, writing and reading were badly affected.

Recovery has been a long process for Edmond. He has now emerged with new artistic goals. He has kept his former film company name, Poladark, and is now focused on photography. This was inspired by the long walks he started to take, riding the bus, the streetcar and the subway, rediscovering the city he has lived in for over 35 years. Adversity has not dulled this artistic spirit living amongst us. We look forward to a future exhibit of his photographs.

The Social Committee is proud to feature Edmond's film GARAGE, filmed here at 40 Homewood, on February 24th. Following the screening, the Social Committee will hold a wine and cheese reception (by paid donation) for Edmond. Please make plans to attend this wonderful event.

And please note the Social Committee will be hosting an OSCARS Red Carpet evening in the recreation room on Sunday, March 4th, with wine and hors d'oeuvres available by donation. More information will be provided in the March newsletter and in promotional materials put up in the building prior to the Oscars.

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## Why Should I Keep My Suite Entry Door Closed At All Times?

This is a question we get asked often. Likely you have noticed a message on Channel 13 that specifically states the issue.

There are several good reasons. The first is obvious – for your personal safety, particularly if there was fire or smoke from a fire in the corridor. Also, despite our best efforts, strangers can and do get into the building. Leaving your door ajar or open is an invitation for trouble

The other reasons are less obvious and very important. Air in the corridors on every floor is supplied by a large fan assembly on the roof called a MUAU (Make Up Air Unit).

The circulation of air throughout the building, in the corridors and stairwells, and into every unit, is dependent on this unit. Odours that are generated from cooking or smoking are dispersed by the air moving through the corridors into each unit and out through bathroom exhaust fans, windows and balcony doors.

This explains why we prohibit the use of any kind of weatherproofing strips around the unit entry doors. It is vital that a gap remain between the door and the frame so that air from the corridor can enter the unit and disperse through the unit and eventually outside.

Our radiant heating system is highly dependent on this air flow to regulate the thermostats and the temperature in each unit.

Weatherproofing and sealing the door frame defeats the purpose for both the heating and the movement of air/dispersion of odours.

It is for these reasons that we strongly urge all our residents to keep their suite doors closed and un-sealed except for entering and exiting the unit.

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**Let's wish our Canadian Olympic team much success in all their endeavours**



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