



HOMewood

Community Newsletter

January, 2019



January 1st, 2019

Radiant Heat From the Ceiling

by Charles Marker

It's possible that in the early years of our building people understood about the heating system being "in the ceiling" rather than the floor.

Over the years, however, many have been puzzled and some of us (at least we non-scientific ones) have wondered, "Huh? Isn't this contradictory to the laws of physics?"

Some myths about radiant heat include that "heat rises" and variations on that. The fact is that "heat doesn't rise...hot air does, relative to colder denser air...radiant energy travels from hot to cold and in all directions." Radiant heating can be done from any surface: floor, ceilings and walls.

Radiant energy is common, sunshine being the most obvious example.

"The heat energy is emitted from a warm element...and warms people and other objects...rather than directly heating the air."

The answer to the question, "Why in the world do we get our heat from the ceiling?" may be that it is cheaper than using radiant floors.

This information is from a few Internet links, including

<https://www.treehugger.com/sustainable-product-design/looking-radiant-ceilings-heating-and-cooling.html>

https://en.wikipedia.org/wiki/Radiant_heating

For further research, search for. "Radiant ceiling heat versus radiant floor heat"



You Can Imagine the Pleasure

by Esther Podoliak

My pronunciation classes were funny.
The students made them that way.
It was like the taste of chocolate.
I wouldn't have missed a day.

The students were sometimes so eager
to give their undivided attention
that they kept on repeating after me
when it was no longer my intention.

A few brought their children to class
at an age when they needed to play.
There was nowhere else to leave them,
so naturally what could I say?

The children brought paper and crayons,
and kaleidoscopes and binoculars too.
These were such fun that they had to be
shared
with someone --you can guess who!

When I realized some adults were quiet
and I looked to see why this would be,
one was holding binoculars
and looking through them at me!

You can imagine the pleasure,
though we came from worlds apart,
when our senses of humour coincided,
and we laughed with the same heart.

You can imagine the pleasure
of helping people make a new sound
by showing them where to put the tongue
or that the lips are round.

You can imagine the pleasure,
while your feet are planted still,
of stepping outside your borders,
meeting people of courage and will.

You can imagine the pleasure
of knowing that some got away
from trials we'll never know
to a place where we're lucky to stay.

Revised December 2018

Door Remote Control Update

A number of residents whose mobility is impaired use remote controls to open the heavy doors to enter and exit the front and rear doors on the main floor. These remotes will have a setting update taking place in the new year. This update will require every resident using these devices to have the pins reset by the security personnel later on in January. Please watch for notices on channel 58 when this will be done. We are targeting this to take place during the third or fourth week of January. The change is intended to enhance security for all of us and will mean one button will control both front doors opening at the same time and the other button will control the two rear doors (between the mailroom and rear vestibule and the rear exit door).



Green Bin Word Search

O G C O F G B R S I
P V V G P N O R R R
E E E H A I N R E D
E G C J P T E I P E
L E C J E S S L A H
S T C S R O I V I C
W A D G T P N P D U
N B S A O M I N N O
F L E B W O F P I T
E E U C E C O C B N
G S S I L A O D N U
R I S T S L D O E Z
E V I S S B W O E Y
A T T A I O A F R Q
S I D L Z R S G G U
Y U E P I G T O X D
P R L F Z A E D S O
I F I W P N E S R G
Z X O Q D I C N E G
Z S S S S C U I V I
A V H Y P S D K O E
B L A U A E E P T D
O C N Q R A R A F O
X C Y X C Y S N E O
O N Q J S K H X L Q

BONES	NAPKINS
COMPOSTING	ORGANICS
DIAPERS	PAPER TOWELS
DOG FOOD	PEELS
DOGGIE DOO	PLASTIC BAGS
FOOD WASTE	REDUCE
FRUIT	SCRAPS
GREASY PIZZA BOX	
SOILED TISSUES	LEFTOVERS
GREEN BIN	VEGETABLES
UNTOUCHED FOOD	

Note: Place organics in a bag, that will be separated from organic waste during processing.

Do not throw packaging of untouched food into the green bin. Clean food container separately and dispose of properly.



Pool Update

By Brian Brenie

You may recall a few weeks ago the pool was closed for a few days to effect a minor repair to a leaking pipe. The repair was not adequate and the leaking continued. We determined that the salt in the pool is corroding the copper piping that connects our pvc piping to the water jets in the pool. Therefore the Board has decided to close the pool to enable all the copper piping connecting to all the water jets to be changed to cpvc. It's been difficult to schedule tradespeople during the holidays. We're emptying the pool water and will get to this repair as soon as possible in the new year. The Board and Management apologize for this inconvenience. The gym and locker rooms are not affected by this repair.

**Merry Christmas –
January 7th, 2019 to all of
you who follow the
Eastern Orthodox Church.**

How to Get Started with Organics

For almost a year, the building has been working collaboratively with the Toronto Environmental Alliance (TEA) to improve waste diversion. TEA performed a garbage audit last February. We discovered that 50% of our garbage could actually be diverted to organics. By increasing our efforts to do organics as a building, we can reduce our garbage costs and do something to help the environment. It's a win-win.

If you've wanted to do organics, but didn't know how to start, please read the pointers below. If you're already doing organics, thank you! Please review the tips in case something has changed in the process.

Organics go in the large green bin in the recycling room, next to the recycling bins.

How do I get started?

The best place to start is to have a place ready to collect organics. Here are some options:

- Get a kitchen catcher from the office. It's a small plastic tub that you can line with a plastic bag to collect your organics.
- Keep a small container on your counter (e.g., yogurt container) to collect organics throughout the day. Dump it into a bag, or kitchen catcher, as needed.
- Use a grocery bag. Make sure it doesn't have holes or tears in it.

What is accepted?

The organics bin accepts more than you think! Here is a partial list of what's accepted.

- All food scraps, even the parts you don't eat like the ends of carrots and bones.
- All pet waste and bedding.
- Soiled cardboard (greasy pizza boxes) and cardboard ice cream cartons.
- Diapers, sanitary napkins, etc.
- Tissues and paper towels that do not have chemicals or cleaners on them.

What is not accepted?

- Hair and nail clippings.
- Plastic, metal, clothing, hazardous materials, wax paper.
- When in doubt, go to the Toronto Waste Wizard to check it out.

What about the smell and fruit flies?

Since organics is likely to be wet garbage and may get stinky fast, here are some options.

- Make sure your container to collect organics has a tight fitting lid.
- Store your organics in the fridge or freezer until you have enough to dump it.
- Take it out often.

Tips

Tie the plastic bag loosely. During processing, the plastic bags open causing the bags and organic matter to separate. This is how the plastic bags are collected and removed from the organics stream to eliminate contamination.

Use regular grocery bags to line kitchen catchers or collect organics. Do NOT use compostable plastic bags.

Compostable bags are garbage and contaminate the recycling stream.

Announcing the 40 Homewood Free Boutique!

What is the 40 Homewood Free Boutique?

A designated place for residents to leave *gently used or unused items* for others to take. Everything on the table is **free**.

When will it be available? And where is it?

We're aiming to launch the 40 Homewood Free Boutique in mid-January. It will be in the small room with the television next to the laundry rooms, across from the library.

What's accepted at the 40 Homewood Free Boutique?

Presently the following items are accepted at the 40 Homewood Free Boutique:

- Small appliances and electronics, clean and in working order
- Kitchen items (e.g., glassware, plates, mugs, silverware, utensils, pots, etc.)
- Household decorations (aka knick knacks, figurines, tchotchkes, trinkets, lamps, etc.)
- Toys and games

All items must be gently used and in presentable condition with no breaks, cracks, tears, etc.

What's not accepted?

- No textiles, clothing, or cushions/pillows. Items in good

condition can go in the OASIS donation bin, located next to the bulk bin in the rear of the building. Otherwise they go in the garbage for landfill.

- No food or edibles. Food can be brought to Loblaws at Church and Carlton near the cash registers, or your favorite charity.
- E-waste (electronics and small appliances that don't work). These items can be placed in the bright, green bins in the alcove of the recycling room.
- No furniture or plants

What about other donations that are not suitable for the 40 Homewood Free Boutique?

Items in decent condition can be placed in the OASIS bin.

Please note the following items are not accepted in the OASIS bin: No furniture, baby car seats, play pens, cribs, walkers/wheelchairs, bbqs, TVs, computer monitors, mattresses/box springs, large appliances, patio furniture, bicycles, or books.

For broken items, or ones in bad condition, use the specialized waste area located in the alcove of the recycling room for household cleaners, paint, batteries, e-waste, fluorescent light bulbs, cooking oil, etc.

Please email or call us with any questions, comments, or suggestions. 40hgreencommittee@gmail.com or 416-821-3563

Made any New Year's resolutions??



Rings in the New Year

Wednesday December 12th at 7:30-9:30 pm we did a winter landscape scene with mini lights incorporated into the canvas.



The evening began with holiday spirit and well wishes to all. I am ever so proud of the budding artists who come for the fun of it, and those who stretch their creative souls to push boundaries. All levels are always welcomed and the results speak for themselves. Everyone was a winner in December. All the art was a glimmer with starlight and magic.



I was asked that night "How in the world I was going to top this project on fun and experience?"

Well to answer that, First, we are switching the nights now on Tuesdays hoping that those who were blocked by Wednesday can now venture out to check the buzz around Brushes & Cocktails.

The first Paint Event will be on Tuesday Jan 8th 7:00 pm – 9:30 pm we are going to begin the new year with a twist! Paint Pouring is on the agenda. Results always differ.

You will get two canvases, one to practice with and a larger one to perfect your approach. Can you spill milk? Then you can do a paint pour. It's highly addictive and something you can even do on your own once you know the technique! The full schedule of events will be posted in the mail room and library and laundry room bulletin boards by Jan 2nd. I can't wait to start another promising year.

Reserve your spot so you are sure to have all the materials waiting for you when you arrive. Payment can be made via e-transfer to: reserve@brushesandcocktails.ca. To

receive email reminders just write us at:
2brushesandcocktails@gmail.com

For those of you who like things more private, Brushes & Cocktails does private parties, corporate team building events or for any occasion. It's sure to be a hit with your guests.

Everything is set up and ready to begin whenever you are. Contact us to get all the nitty gritty details to make a party - a happening. Check us out:
www.brushesandcocktails.ca

24 Hour Security begins January 1, 2019.

By Brian Brenie

As outlined in our 2019 budget package, we will enhance our security in the building starting January 1, 2019, by having security personnel on duty 24 hours per day, 7 days per week. As some new staff get used to their role in our building please say hello to them but we request that you allow them to carry on with their security duties protecting our homes. We thank you for your cooperation in advance as this change takes place. We are staying with Regal Security but we will introduce some new security guards as changes will be occurring during the month. Security will be assigned some additional duties such as parcel management thereby freeing up some management time in the office.



Smoke Alarms

The first of the year is a good time to change the batteries in your smoke alarms and carbon monoxide alarms.



Good Eats, Cheap Eats, Sweet Spots"

by Camy Lee-Bostwick

Happy Happy 2019 Everyone!

And what a year it's been!

To start the year off on the right track, I begin with a looking back in order to inform a looking forward. And what I am referring to is the annual Christmas dinner we had in our party room on December 1st.

With catering from Absolutely Famished the meal was outstanding as in years past. Naturally, there was turkey breast with gravy which I heard was very tender. Pictured below, I had the salmon with yogurt tarragon crust, baked perfectly, not dry at all. I also had the roasted garlic mash with stuffing, pasta with sundried tomato pesto, roasted steamed vegetables (brussels sprouts, beans, and beets), vegetarian curried butternut squash with raisins and black beans in puff pastry — especially delicious when doused with gravy. The buffet offered many vegetarian and pescatarian options. For \$25 and \$3 for a glass of wine a meal like this was well worth it.

The party room was decorated beautifully in the spirit of Christmas with lovely lights and a tree at the back. So a big thanks to all the people who were involved in bringing such a festive event to us. Your hard work was truly appreciated by all. Which brings me to the main point of this review. At 40 Homewood it is the people that make the place. And the people in this place care. While the food itself was truly yummy, it was the conversations over dinner that really made the evening memorable.

Although I am “all about the food” this review is about the reason I go to this annual event: we all lead busy lives, but at this dinner, I got a chance to catch up with neighbours I haven’t seen in awhile, or have actual conversations with others, more than the friendly banter in the elevator or the smiles as we pass each other in the lobby (which are greatly appreciated by the way). Because that, to me, is what makes this condominium special and different from any other in the city: such is the gem — amidst all the construction — that 40 Homewood is.

So in looking ahead to 2019, the next time you happen to see your neighbour, a hello or smile goes a long way. And maybe for another festive gathering, you may want to participate, whether it is to help decorate a room, flip a burger, or just show up, eat and chat: it is one guaranteed fun way to get to know who your neighbours are, and find out exactly how special this place is.

All the best for a happy, healthy, and prosperous 2019!!



Notices Electronically Agreement to Receive

Thank you to all who have completed the form allowing management and board to communicate with you electronically. It is important that every resident and owner complete these forms to enhance communications in 2019 as we move to an electronic notification platform for notifications for parcels, emergencies such as water or elevator shut downs and other important communications. Please see your year-end budget package for the form or visit the office to obtain a form if you've not yet submitted this document to us. We understand some people do not have email and we will continue to communicate with these residents in other ways but electronic communication will speed up delivery and save the corporations thousands of dollars in postage and printing helping to keep our condo fee increases to a minimum going forward. Thank you for your continued cooperation and patience as this system is implemented in 2019.

**Editorial Committee: Martha McGrath;
Timothy Oakes**
