
40 Homewood Community Newsletter

Volume 4. Number. 10

October 1, 2007

The views expressed in this publication are those of the writers of the articles and not the Board of Directors.



October 8th, 2007

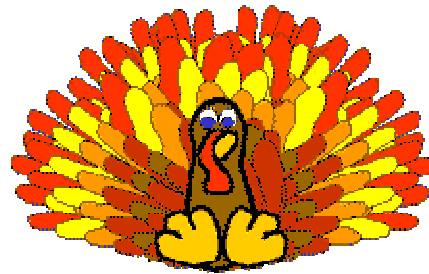


October 31st, 2007



October is
National
Breast
Cancer Month
in Canada

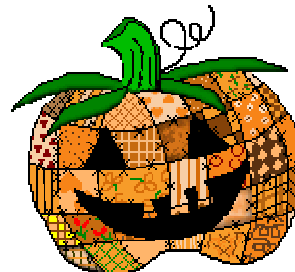
Wear a pink
ribbon for
awareness



Thanksgiving Turkey

Submitted by Sylvia Keshen

The turkey shot out of the oven and
rocketed into the air
It knocked every plate off the table and
partly demolished a chair
It ricocheted into a corner and burst with
a deafening boom
Then splattered all over the kitchen,
completely obscuring the room
It stuck to the walls and windows
It totally coated the floor
There was turkey attached to the ceiling,
where there'd never been turkey before
It blanketed every appliance
It smeared every saucer and bowl
There wasn't a way I could stop it
that turkey was out of control!
I scraped and scrubbed with displeasure
and thought with chagrin as I mopped
That I'd never again stuff a turkey, with
popcorn that hadn't been popped;





Getting To Know You



No interviews this month!
Charles and Connie tried
but there was no one
willing to participate.

In order for this column to
continue, we need people to
agree.



Ontario Provincial
Election
October 10th, 2007

Polling booths will be set up in our
Recreation Room -1B
Open 9:00 am – 9:00 pm

Ongoing Activities



Bridge in the recreation room,
Mondays and Wednesdays at 7:00 pm.



Movies with Don in the
recreation room, Thursdays or Fridays at
7:30, Notices posted every week.



*To
everyone
who has a
birthday
this month.*



Turn your clocks back
November 5th, 2007, 2:00 am.

THANK-YOU

To Arthur Martin and Russ Baxter for
donating a fridge for the recreation
room. Now we will have cold soft
drinks at the barbeques. Kudos to
you Arthur and Russ.



Schedule for Board Meetings

Dates for Board Meetings for the remainder of the 2007/2008 season are as follows:

Board Meetings:

(Owners's Budget Meeting)

Wednesday, October 24th 2007, 7:30 pm

Tuesday, January 29th, 2008, 7:30 pm

Tuesday, February 26th, 2008, 7:30 pm

Tuesday, March 25th, 2008, 7:30 pm

Tuesday, April 29th, 2008, 7:30 pm

Tuesday May 27th, 2008, 7:30 pm

(Financial Meeting)f

Wednesday, June 11th, 2008, 7:30 pm

(Meet the Candidates Meeting)

Sunday, June 15th, 2008, 2:00 pm

(Annual General Meeting)

Thursday, June 19th, 2008, 7:30 pm

All dates are subject to change without notice.

**HELP
WANTED**

Handicapped senior in the building would appreciate help in the swimming pool.

Assisting male to get in and out of the water and also shower area.



Sixty Plus

Submitted by Sylvia Keshen

Q. Where can women over the age of 60 find young sexy men who are interested in them?

A., Try a bookstore under fiction.

Q. What can a man do while his wife is going through menopause?

A. Keep busy. If you're handy with tools, you can finish the basement. When you are done you will have a place to live

Q. How can you increase the heart rate of your 60+ year old husband?

A. Tell him you're pregnant.\

Q. How can you avoid spotting a wrinkle every time you walk by a mirror?

A. The next time you're in front of a mirror, take your glasses off.

Q. Why should 60+ year old people use valet parking?

A. Valets don't forget where they park your car.

Q. Is it common for 60+ year olds to have problems with short term memory storage?

A. Storing memory is not a problem, retrieving it is a problem.

Q. As people age, do they sleep more soundly?

A. Yes, but usually in the afternoon

Q. Where do 60+ year olds look for fashionable glasses?

A. On their foreheads.

Q. What is the most common remark made by 60+ year olds when they enter antique stores?

A. "I remember these"





Invitation to Tai Chi Chuan

For the fourth time in ten years, the Tai Chi Chuan class at 40 Homewood is taking in new members. You are all welcome.

Tai Chi Chuan, which translates as Grand Ultimate Boxing, is a Chinese martial art, thousands of years old. There are three traditional schools—Chen, Yang and Wu—and we practice a Wu style. The ancient philosophy of Tai Chi Chuan emphasizes health, relaxation, and the ability to fight, using its movements. In North America, few today understand its martial applications but many find its slow movements a useful exercise.

Classes are taught according to the traditional notions of Tai Chi Chuan. We do ancillary exercises, practice a 108-movement hand form and are learning a sabre form. The demonstration will show these and a sword form as well. In addition, there will be a demonstration of Tai Chi

Chuan's usefulness in self-defense, or what we call "applications of the form."

The ten-person class (see photo above) is small because learning Tai Chi Chuan requires commitment. It is not necessary, however, to learn all its aspects to benefit from the class. No matter your age, you can learn Tai Chi Chuan.

Whether you intend to sign up or not, you're welcome to come to the demonstration. It will be held Tuesday evening, October 16 at 6 pm, in the Recreation Room (B1). New members can sign up then for the coming year.

Rodney M. John





Please don't
feed the
squirrels.

We know they are cute little animals but they are also destructive. They ruin the annual plants by eating the bulbs. They are eating bark off the trees to get the sap, thereby killing the trees.

They are also running up the building and making themselves comfortable on people's balconies.

PLEASE DON'T ENCOURAGE THEM BY FEEDING THEM.

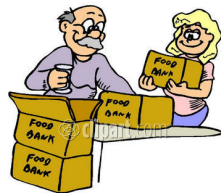
VOLUNTEERS



We are looking for volunteers who are willing to sit in the lobby on Halloween night for a couple of hours and distribute candy to the children and wannabee children in the building. **Please let the Office know if you are available.**

Food Bank

We need a convener for the yearly Food Bank. The resident who volunteered her time last year cannot do it this year. It would mean giving your time for 1½ to 2 hrs. for 5 days. The week is usually chosen sometime between the first week in November and the first week in December. **Please let the Office know if you are available. And**



"Old" Jokes

An elderly gentleman had serious hearing problems for a number of years. He went to the doctor and the doctor was able to have him fitted for a set of hearing aids that allowed the gentleman to hear 100%

The elderly gentleman went back in a month to the doctor and the doctor said, "Your hearing is perfect. Your family must be really pleased that you can hear again."

The gentleman replied, "Oh, I haven't told my family yet. I just sit around and listen to the conversations. I've changed my will three times!"

 **OKTOBERFEST**
October 5th-13th, 2007

Barbecue



Despite the fact Mother Nature was not cooperating, and that we had to eat inside at the barbecue on September 15th, it was very enjoyable.

Thanks go out to Arthur Martin and his team of volunteers, Joseph Hagger, John Serena, Wayne Beaton, Brian Brenie, Hugh McKellan, Gilles Bouffard, and Mike Preston. (I hope I have not forgotten anyone)

It takes a lot of people to put on an event and volunteers are very much appreciated.. I




Recycling Corner



RECYCLING PLASTIC

Not all plastics are created recyclable!

This includes many plastic containers with a  recycle symbol on them.

When recycling your clean plastic containers, let the SHAPE of the container be your guide. Three basic shapes are currently accepted for recycling by the City of Toronto.

- BOTTLES or JUGS (A jug is a bottle with a handle on it) with a



or a



symbol on the bottom. Lids go into the garbage.

- TUBS used for margarine, yogurt, sour cream, ice cream or cottage cheese. Include lids separately.

- JARS (i.e with a relatively wider mouth than a bottle) used for peanut butter or mayonnaise. Include lids separately.

AND THAT IS ALL! Unfortunately all other plastics go into the garbage even if they have a symbol on them.

GOING THE EXTRA MILE.

- Clean plastic bags may be recycled at local Dominion Food Stores



- plastic (polystyrene and Styrofoam) may be recycled at recycling stations located inside the entrance to at least some University of Toronto buildings, for example, the Faculty of Music at 80 Queen's Park, immediately south of the Royal Ontario Museum (Follow the driveway in.)

THANK YOU FOR RECYCLING



Halloween Goodies

As in the past, any donations towards the Halloween celebration would be appreciated. Bring them to the Management Office.

Top 10 Signs You Are Too Old to Be Trick or Treating

- You get winded from knocking on doors.
- You have to have another kid chew the candy for you.
- You ask for high fibre candy only.
- When someone drops a candy in your bag, you lose your balance and fall over.
- People say "Great Keith Richards mask!" and you're not wearing a mask.
- When the door opens, you yell "Trick or...." and can't remember the rest.
- By the end of the night, you have a bag full of restraining orders.
- You have to carefully choose a costume that won't dislodge your hairpiece.
- You're the only Power Ranger in the neighbourhood with a walker.
- You avoid going to houses where your ex-wives live.



Note from the Editor

Martha McGrath, Unit 615
marthamcgrath@esuite.ca

