



# MONTHLY NEWSLETTER

JULY 2023

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## Everything's Coming Up Roses

by Martha MacLachlan

What an eventful June here at 40H. After some mishaps over the years, we finally have an official Gardening Committee. This time, there is no shortage of volunteers who not only have ideas, they are rolling up their sleeves.

At the first meeting on May 17, 2023, chair, Dennise Buckley outlined the goal to prepare a plan for the 2023-2024 season. During the summer, participants would get to know the grounds and the plant and tree growth surrounding the building and then recommendations could be made for future plantings.

Connie Dilley, the architect of the Gardening Charter, summarized the work of the committee as planning, maintenance, tending and following up. Within the committee, there would be two distinct orientations: planning (thinking about the future in near-term and long-range) and tending (getting hands in the dirt).

With objectives stated, the other participants were given a chance to speak to their interest in the garden and their experience. When the subject of the Rose Garden and the complete state of neglect it was in, as well as the surrounding yew bushes, lo and behold, a lively discussion ensued. Felix shared that his neighbour worked at Allan Gardens and he could approach her for advice on pruning.

Since the first meeting, there have been three positive outcomes. All the members have toured the grounds according to mapped out zones around the building and made notes that were brought to the second meeting on June 16. The annuals were planted by Fedak and members volunteered to give supplemental watering while the new plants took hold. Their efforts are obvious by the explosion of growth in the front gardens. And the crème de la crème, pruning workshop was organized with Kat, our neighbour who works at Allan Gardens, for June 4. Gardening committee members, under the guidance of Kat, arrived armed with gloves and secateurs and tackled the mess of growth around the rose bushes and yew trees. Because the roses were already in bloom, the real pruning will be scheduled for April 2024. The visual results of their work are stunning. Take time to admire the Rose Garden and the nearby Pollinator Garden.

At the second meeting, members made several recommendations, with both short and long-term fixes, for garden areas that require more attention. On July 16, another work day is planned for pruning and cleaning the garden. Now, when you see residents out there fussing with the flowers in the octagon or outback, be reassured that they know what they are doing.

We are blessed with enviable grounds that will be further enhanced with the careful nurturing + guidance from our Gardening Committee—a big thank you.

# Good eats, cheap eats & sweet spots

by Dr. Cammy Lee Bostwick

I dined in Little Italy on a small patio at Trattoria Taverniti at 591 College St. to celebrate the Summer Solstice. This quaint restaurant is so cozy. Red checkered table cloths and exposed brick create a distinctly Italian yet homestyle feel.

I ordered Tagliatelle ai Funghi Misti with wild mushrooms in a light cream sauce (\$23). With just a hint of truffle oil, the al dente pasta was perfectly sauced and came with plenty of mushrooms. Bread is extra but I highly recommend it to sop up the sauce. For dessert, we shared the lemon tart which tasted more like plain custard. They are known for their tiramisu so I think that would have been the safer bet. Next time! The service was slow and a tad absent-minded but hey it was the first day of summer. This trattoria has such cool vibes, whether you eat in or al fresco, you will want to go back. Buon appetito!



## PLASTIC FREE JULY!

by The Green Committee



Plastic Free July is a time when many of us are taking a closer look at all the areas we find plastic in our daily lives: from brushing our teeth to picking up vegetables at the grocery store. Even when we do our best, sometimes it's unavoidable since manufacturing plastic products is so cheap, they are practically thrown at us even when we don't need it (or want it).

A simple plastic bag is typically only used for 12 minutes on average, but it can take up to 1,000 years for that simple plastic bag to break down in a landfill. A cheap solution that is environmentally taxing. This month, when you hold up a plastic item, ask yourself "Is there an alternative?"

Perhaps choose to bring your own utensils rather than single-use plastic cutlery. A little bit of planning goes a long way. Join Plastic Free July by choosing to refuse single-use plastics!

You can pledge and find more resources at the following website: <https://www.plasticfreejuly.org/>

Feel free to reach out to the Green Committee [40hgreencommittee@gmail.com](mailto:40hgreencommittee@gmail.com) if you need help or want to share suggestions to go plastic free.

# BOARD CORNER

## What's going on at 40 Homewood?

The June 14 AGM was well attended and we now have three new directors on the Board. Minutes of the June 2022 AGM were passed. The auditor gave his report, answered questions and the firm was elected to continue in our service for another year.

By-law No.4 generated more discussion, even after a year of information sessions. The AGM has been extended to September 28, 2023, when an in-person meeting will be held to put the by-law to a final vote. If you have already submitted your vote on the by-law, it will be counted at the September meeting. Information will be made available to owners who hadn't registered for the AGM on how to submit their vote prior to the meeting.

At a subsequent Board of Director's meeting on June 20, 2023 the following positions were assigned as follows:

Martha MacLachlan - President  
Jody Hewitt - Vice President  
Michael Lang - Treasurer  
Matthew Seifert - Secretary  
Michael Csiki - Assistant Treasurer

In addition to their Board duties, directors report back on the work being done by committees. The following is a list of the assigned directors to committees:

Michael Csiki - Liaison to Green Committee  
Jody Hewitt - Liaison to Social/Newsletter Committees  
Matthew Seifert - Liaison to Government Documents Committee  
Martha MacLachlan - Liaison to Gardening/Newsletter Committees



The Board and the Social Committee wish to extend our sincerest gratitude to our amazing graphic designer, Kevin Kirk, for his fantastic contribution to our monthly newsletter and Social Committee events for the past eight years. His creativity in designing elements that made the newsletter and social event notices attractive and attention-grabbing has been incredible. Every month and for every event, he produced unique content that flowed together in cohesive and informative visual campaigns.

Kevin is also the designer of our '40 Homewood' logo featured on the front windows, letterhead, the building website and elsewhere. We're so thankful for his dedication and commitment to making the newsletter a pleasure to read, and would like to thank him for his many years of service. Thanks for all you have done, Kevin.

A bicycle parking audit will take place in the coming months as part of the Board's commitment to keeping our building a cycling-friendly environment. The audit will assess the ownership, availability, condition, accessibility, and quality of the current bicycle parking facilities. The data collected will be used to inform owners on bicycle parking-related issues and to remove any derelict/abandoned bikes.

Your participation is key to the successful completion of the audit. Additional details will follow and you will have ample time to respond before any action is taken. A formal notification will come from the office shortly.



# SOCIAL TIME

Get to know your neighbours!

You and your friends are invited to...

## The 40 Homewood Annual Summer BBQ!

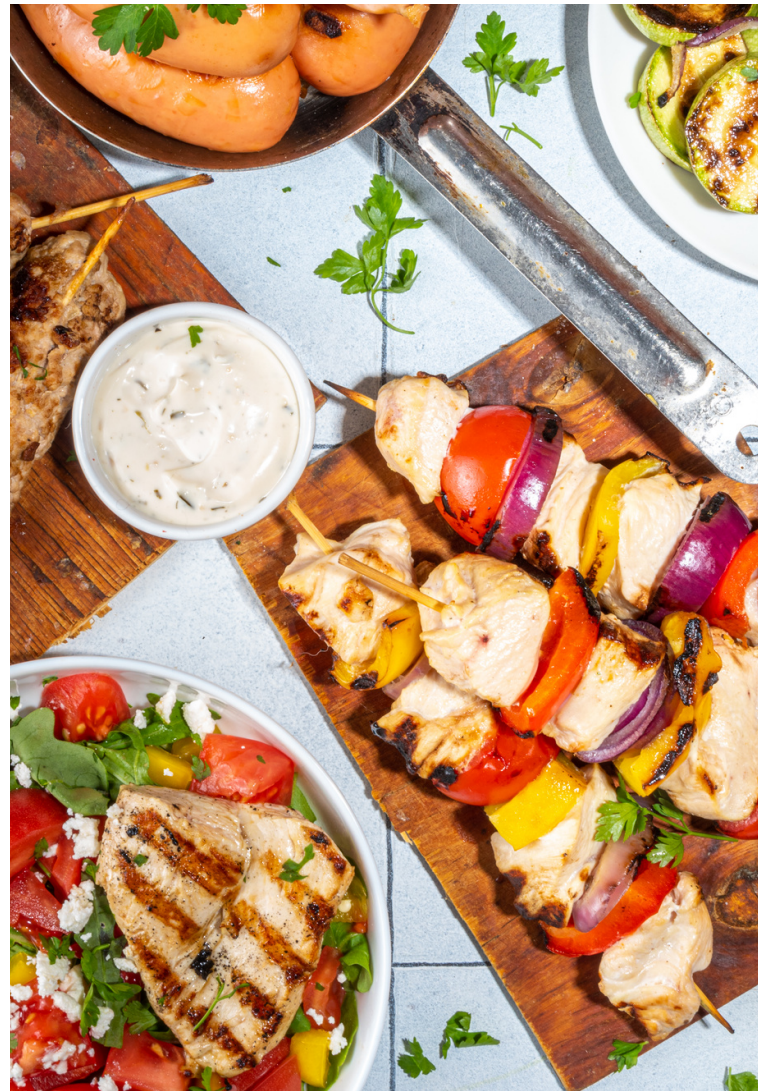
Saturday, July 29th 5pm-9pm in the Party Room  
& on the patio!

### Menu:

- Caesar salad with homemade dressing
- Cucumber salad
- Grilled vegetable platter with feta cheese
- Carrot raisin slaw
- Grilled chicken skewers served with tzatziki and pita bread
- BBQ Montreal steak spice burgers served with all the trimmings
- Grilled vegetable garden burgers
- Grilled Italian sausage skewers with onions and green peppers and zucchini
- Grilled vegetable skewers
- Fresh Ontario watermelon

\$20.00 per person - tickets for sale in the office starting July 17th

Catered by **Absolutely Famished Catering**



## YOGA AT FORTY

with Cammy



Come join us every Wednesday at noon,  
in the party room.

**\$25 drop in class**

**\$200 for a book of 10**

Please bring your own mat!

for more info, contact Cammy @ (647) 990-9712

\*private classes available\*

Namaste

# GALLERY TIME

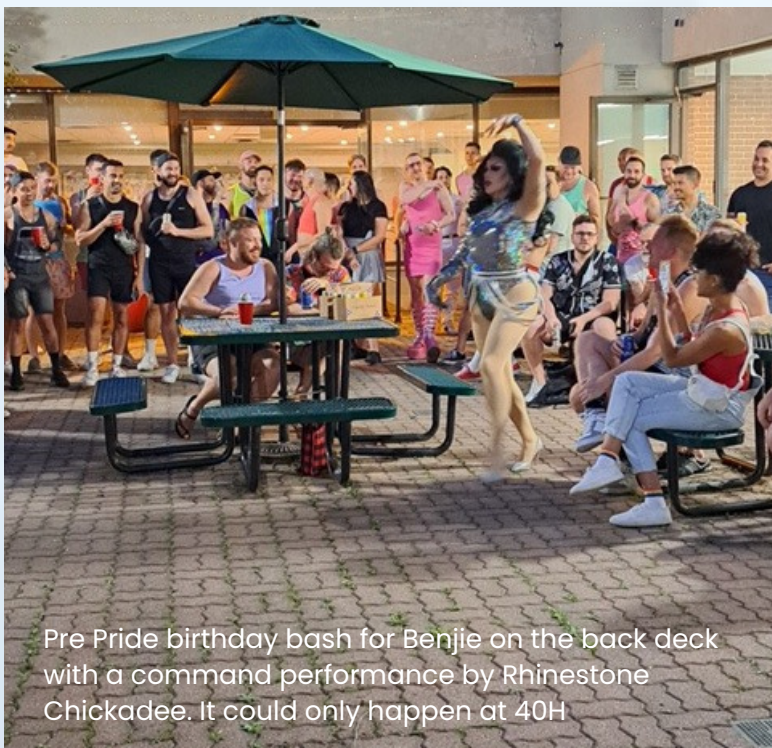
A look at what happened last month



Meet the Gardening team!



A little mid-day Yoga break! Join us next time!



Pre Pride birthday bash for Benjie on the back deck with a command performance by Rhinestone Chickadee. It could only happen at 40H

